



# East Iowa Heirloom Quilters

Cedar Rapids, Iowa

EIHQ was organized in October 1980, for the purpose of promoting the art of quilt making & related projects, and conducting educational programs on the design & technique of making heirloom & modern quilts.

## President's Corner

May 2016

Wow, what a speaker we had in April! I have to say, I love to be inspired by talent, but when we get to laugh and have fun at the same time, it just doesn't get any better than that. It was fun to see so many at the workshop learning and sewing out of their box. Trying something new to them.

When you get this newsletter, most likely our show will be over. I know a lot of people have worked very hard to make this a success. I want to thank everyone who has stepped up to help. I have enjoyed working with many of the "worker bees". Many friendships have grown and new ones have just gotten started. I remember the first show I worked at in 2005; wow, how time has flown. I know this show will come and go before we know it.

I hope everyone gets to take time to enjoy it.

Happy Sewing,  
Sue

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# Guild Calendar

## May/June 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 8	9	10	11	12	13	14
Quilt Show Check-in, 1:00pm-4:00pm, Community Church, Hiawatha			"Threads of Time" Quilt Show, 3:00pm-7:00pm	"Threads of Time" Quilt Show, 9:00am-5:00pm	"Threads of Time" Quilt Show, 9:00am-5:00pm	"Threads of Time" Quilt Show, 9:00am-3:00pm
15	16	17	18	19	20	21
Quilt Show Pick-up, 1:00pm-4:00pm, Community Church, Hiawatha	Art Quilters Mtg., 10:00am, TBD Guild Board Mtg. 6:00, Community Church, Hiawatha		SOS, 9:00-3:30, Guaranty Bank, Fairfax	Freedom Stitchers, 10:00-8:00, Garnett Place, Cedar Rapids Farm Fiber Fun, Mississippi Valley Quilters Guild	Farm Fiber Fun, Mississippi Valley Quilters Guild	Farm Fiber Fun, Mississippi Valley Quilters Guild
22	23	24	25	26	27	28
Farm Fiber Fun, Mississippi Valley Quilters Guild	Guild Mtg., 9:00 & 6:30, American Legion, Marion Farm Fiber Fun, Mississippi Valley Quilters Guild	Farm Fiber Fun, Mississippi Valley Quilters Guild		American Quilts Expo—QOV, Des Moines	American Quilts Expo—QOV, Des Moines	American Quilts Expo—QOV, Des Moines
29	30	31	June 1	2	3	4
	<b>Memorial Day</b>					
5	6	7	8	9	10	11
12	13	14	15	16	17	18
			SOS, 9:00-3:30, Guaranty Bank, Fairfax			
19	20	21	22	23	24	25
	Art Quilters Mtg., 10:00am, TBD Guild Board Mtg. 6:00, Community Church, Hiawatha		Linn County Fair, through <b>June 27</b>	Freedom Stitchers, 10:00-8:00, Garnett Place, Cedar Rapids		

# GUILD NEWS

## President's Block Guild Challenge

Have you started your **2016 Guild Block of the Month** yet? There's still time!

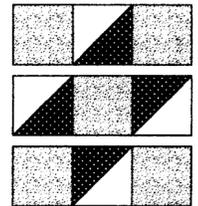
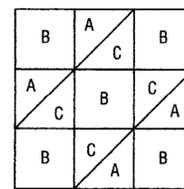
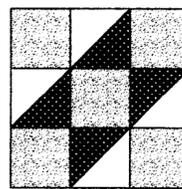
The March Block, Brave World, is shown at the right. Simply make two blocks, one for YOU in your favorite colorway and one for SOS in red, white & blue (or use whatever you have in your stash; SOS can make quilts with ANY colors).

If you have any questions, simply contact Shanna Cellman ([scellman@mchsi.com](mailto:scellman@mchsi.com)) or Debbie Wordehoff ([dwordehoff@gmail.com](mailto:dwordehoff@gmail.com)).

## Contrary Wife

3-Unit Grid

April



FINISHED BLOCK SIZE

FOR 1 BLOCK:

		12"
Light	A: 2	4 7/8"
Medium	B: 5	4 1/2"
Dark	C: 2	4 7/8"

"501 Rotary-cut Quilt Blocks," Judy Hopkins, 2008

## SHARING OUR SKILLS (SOS)

Good homes for your quilts!

During April, SOS delivered 128 quilts, due to your hard work and generosity. Quilts went to Hospice of Mercy, St Luke's Whitney Continuing Care, St Luke's Hospice, Families Helping Families, the Hiawatha Care Center, Grateful Grannies, the Catherine McAuley Center, Habitat For Humanity, HACAP, and Hoover School, for refugee students. Each receiving organization was thrilled with their delivery, and assured us that they would go out quickly to the very deserving.

We have had a request for walker bags. As shown at the April meeting, these can be done by seaming up the bottom of a toddlers dress, or above the legs of a pair of toddlers overalls. Any design is fine, as long as it can safely hang on the top rail of a walker, and hold those essentials a person would care to keep with them.

May 18 will be our next sew/tie day at Guaranty Bank, Hwy 151, Fairfax, Iowa, 9:30-3:30. Come for any part of the day that fits your schedule, and join in on the fun. The potluck lunch is always first rate, and if you have a problem, we can help you solve it, or at least distract you from it for a while. We have many quilts ready to be worked on for Habitat for Humanity homes to be dedicated this summer, and they are only the beginning!

At the May meeting, we will have our blue bucket for your bits and bobs of leftover bindings, quilt tops ready for you fabulous longarmers , and a stray assortment of fabric, awaiting your imagination.

Thank you for all your hard work, and time spent on the quilts for those deserving in our community.

Mary Burgess, Diane Eimen and Suzanne Mullins



## Freedom Stitchers of Iowa

As I write this, it is countdown to the Quilt Show. We are SOOOO excited! At Guild, you voted for 4 "Viewer Choice" Quilts to hang in the QOV Booth. You selected a quilt from (alphabetic order) Bill Brewster, Don Dixson and Cindy Salat .... The vote was almost too close to call --- but I'm NOT going to call it here. Those three quilts are going to hang in the QOV Booth and the attending public will pick the "Best of the Best" from them!!

Thursday nite before the Audacious Auction, Quilts of Valor® will be awarding 18 Veterans with quilts. Four of them are WWII, and three are Korea Vets!! I certainly hope that you can attend!! It will be a packed house!

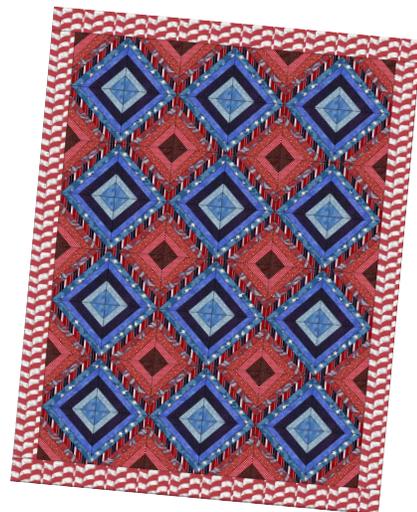
Ralph and I are presenting 4 (or 6) individual quilts this month. June 18 we are presenting 15 and planning for October another 15 with LOTS in between. I have the most rewarding challenge in the World. I am so humbled by it all. All of this is happening because of the support of YOU! It is amazing! If you are not involved, or want to learn more about what we do - contact myself or a Freedom Stitchers of Iowa member. We need quilts to award all the Vets who we are learning about. After all, it is for the Vets that we volunteer our time.

Normally Freedom Stitchers of Iowa meets on the 4<sup>th</sup> Thursday of each month - NOT in May! We will meet the 3<sup>rd</sup> Thursday (19<sup>th</sup>). I will be in Des Moines the week of the 23-28<sup>th</sup> for our annual QOV Conference and the Quilt Expo Show at the Event Center. Please come down! The Quilt Show starts on Thursday 26<sup>th</sup>.

I will also be absent from the May Guild Meeting - maybe I'll have someone else award the ribbons for the Challenge???

Thanx!

Elayne - 319-551-4492



Images courtesy of

# GUILD NEWS!

## Show & Tell April 24, 2016

### Morning

- |                    |  |
|--------------------|--|
| Debbie Wordehoff   | Anniversary Quilt                                      |
| Mary Wauer         | QOV quilt, pillow, 2 totes for boutique                |
| Shanna Cellman     | Brooklyn Garden  |
| Bonnie Gibson      | Country Roads, Urban Cabin                             |
| Jane Brokaw        | Two wreaths  |
| Carol Thurness     | T-shirt quilt, Square in Round                         |
| Carol Gugler       | Quilt for Vets, Child's quilt top, SOS                 |
| Cindy Hills        | Walker's roundabout, Annie squared, Cyn's Flora bunkie |
| Lois Bailey        | SOS quilts   |
| Linda K. Myers     | Boutique Pie pot holders, Chicken                      |
| Marcia Hinrichs    | 12 totes   |
| Elayne Gasset      | Stained glass quilt                                    |
| Shirley Warnke     | Windmill table topper                                  |
| Judy Blum          | Spices of Life, Alaska Romance                         |
| Rebecca McCollough | Crib quilt   |
| Diane Straw        | Quilt for Sale quilt                                   |
| Cindy Salat        | 2 Dresdens   |

### Evening

- |                  |  |
|------------------|--|
| Debbie Wordehoff | Anniversary quilt, Kaffe & Maggie, Dresden Neighborhood, Domiciles |
| Shanna Cellman   | 8 Brooklyn Garden  |
| Jackie Tyne      | QOV  |
| Sherril Harris   | Electronic tablet cover  |
| Karen White      | Christmas table topper, Farmer's Daughter quilt                    |
| Candy Deister    | "Antique" Dresden Plate  |
| Pat Adney        | Round quilt and Floral   |
| Sue Halley       | Quilt for Sale   |
| Peggy Lowe       | Quilt for Sale   |

## March Block of the Month

Susie Olson won April's AM Block of the Month drawing for the Monkey Wrench. Congratulations, Susie!



Remember, it's just \$1 for each block. Sew it up and bring it to the following meeting—you *might* be the next winner and receive an **entire quilt top** for just \$1. You can't win if you don't play!

## Fat Quarter Lottery

Bring one (or more) quilt-shop-quality fat quarter to the morning or evening meeting. For every fat quarter you bring, your name is included in a drawing for a chance to win a stack of fat quarters!

### May—Batiks

- June—Flowers
- July—Patriotic
- August—Geometrics
- September—Leaves
- November—Christmas



craftsy.com

Lorry Evans is our Morning Coordinator & Debbie Wordehoff is the Evening Coordinator.

### April AM Winners

- Lois Boland
- Mary Sabo
- Dawn Barnes x 2
- Shirley Rinderknecht

## Days for Girls Team Cedar Rapids

Every Girl, Everywhere, Period.



Joan Mollenhauer  
 Phone: 319-350-5149  
 E-mail: [quilters-soul@outlook.com](mailto:quilters-soul@outlook.com)  
[www.daysforgirls.org](http://www.daysforgirls.org)  
 FB: Days for Girls Cedar Rapids IA Team

## EIHQ ART QUILTERS April 18<sup>th</sup> Meeting

Thanks, Ruth Bernstein, for a busy, informative morning! Your enthusiasm and samples got us moving. It was fun to explore the flying geese alternative as well as using airplane skin fiber to create texture on cloth. Who would guess?

The “lattice” cut technique was one all found successful and resulted in a discussion of adaptations and different possibilities.

Debbie Heckert presented a challenge idea for discussion of members bringing in colored photographs, voting on one for all of the group to use, and then having each individual use the chosen photo as a color scheme source for a piece of their own design. Think about it. We can discuss it for a short-term challenge possibility or for next year’s show in the future. Other challenge ideas are certainly welcome.



Examples of “Lattice” cut technique.

Debbie Wordehoff mentioned coming up with a group topic similar to one done by the “Twelve by Twelve Group” such as ones they have shown at the International Quilt Festival or in their book.

Sal Miller passed around the “Farm Fiber Fun” schedule of classes being held by the Davenport Fiber Art Group from May 19-24, compliments of Jane Knapp.

In addition, Sal passed the web address for Kate Bridger’s challenge.  
([kbridka@yahoo.ca](mailto:kbridka@yahoo.ca): <http://katebridger.wix.com/kbgof>)

Kate suggests committing to making one mini, 5” square piece each week for a year. Although that is quite a lofty goal, it was suggested it might be fun to do a smaller series of explorative pieces. From one or more of those works an idea for a larger piece might germinate. Sal showed a few sample mini pieces while saying there are more on Kate’s “Made on Monday” gallery.

Thanks to Lois Sheriff for sharing back issues for take home of the magazine, *Cloth, Paper, Scissors*, a good source for a variety of different media ideas. We appreciate your housecleaning, Lois.

The next meeting of the EIHQ Art quilters is May 16, 2016, at 10:00am. All are welcome! Please contact Jane Knapp, [pjknapp@earthlink.net](mailto:pjknapp@earthlink.net) , or Sal Miller, [salmille@msn.com](mailto:salmille@msn.com) , for more information.



### Are you...

- Passionate and enthusiastic about quilting?
- A person who likes to be “in the know?”
- Eager to learn, fearless when trying new things?
- Familiar with computer applications such as the Internet and Microsoft Word?
- A team player?

If so, you may be the perfect candidate! EIHQ is seeking a Newsletter Editor for the 2016-2017 year. This is a one-year position.

The Editor works closely with the Board to communicate upcoming guild events and information to the membership. Key responsibilities include collecting content from board members, committee leads and advertisers; creating an attractive and readable layout; and uploading content to the EIHQ website.

Experience not necessary for the candidate who is fearless and enjoys an adventure. Training is available.

Start date: November 1, 2016    End date: October 31, 2017



# Threads of Time

May 11-14, 2016

## Quilt Show Reminders!

Thank-you for all your quilt entries!

This promises to be a really good show!! It is always fun to stroll through our quilts and enjoy the talent our Guild has...

Please continue to sell those Raffle Tickets! Someone will win our beautiful Quilt!

If you can, volunteer to help out for an hour or two during the show. Not only do you help the quilt show, but you might learn something new, meet new friends or just have a good time. And you will have a free entry into the show for the whole day!

The SOS will be busy sewing and tying quilts! Make sure you stop by and spend a little time with the gals. They are always taking in quilt tops, any size. During the show there will be longarm quilting in the booth also. They have a goal to meet for completed quilts during the show. If you can - stop by and help them accomplish that goal!

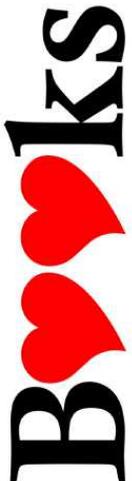
There will be Demos on going during the show.

QOV will have a booth with information and quilts. There will be a presentation during the show, something that everyone should experience sometime. It is a big honor for our military people.

Thanks again! Your Quilt Show Committee

## News from the EIHQ Library---

In April, we added all five of Bonnie Hunter's books to the Guild library's collection: [Adventures with Leaders & Enders](#), [Scraps & Shirrtails](#), [Scraps & Shirrtails II](#), [String Fling](#), and [More Adventures with Leaders and Enders](#). These books were donated to our library, brought to the April Guild meeting, and each one was quickly checked out. Just as Bonnie herself is a popular author and speaker, her books are, too!



I cannot bring the whole Guild Library collection to each meeting, but you can see the list of our holdings from our website. You will find that list under the big green EIHQ logo bar by clicking on "More" at the far right. A drop down menu appears and you will click "Resources", then another drop down menu where you click "Library List." Books are listed alphabetically by the first word of the title. The subject matter of the book is also listed, as sometimes the title doesn't say enough. Novels are listed separately at the end of the list. I am happy to pull books for you and bring them to the meeting if you make a request. My email address and phone number are listed on the back cover of this newsletter for making those requests.

I don't send out overdue notices if you don't return your library book, but please remember that others may be waiting to check out a book you currently have. Please do all you can to return books to the Guild meeting following check out. Thank you for using this wonderful resource!

Peggy Lowe  
Librarian

## MEETING PRESENTATIONS & WORKSHOPS

Register online at [www.eihguild.com](http://www.eihguild.com) via Paypal, or by printing off the registration form in the newsletter. If you have any questions, please contact Jan Felthous, Program Chair, at [jfelthous@ww.rr.com](mailto:jfelthous@ww.rr.com). Supply lists can be found on the workshop page on the guild's website, [www.eihguild.com](http://www.eihguild.com). Workshops are held at the American Legion unless noted.

**Monday, May 23, 2016**

**Chris Clark – Facebook Page: Quilted Art by Chris Clark**  
**9 am and 6:30 pm Lectures: Trunk Show**

Chris has been a quilter for over 30 years. Once a traditional quilter, Chris has changed her focus to art quilting. She enjoys speaking to guilds and teaching her techniques.



**Workshop: 12:30 to 4:30 pm (\$20 includes kit)**

**Paper quilts.** Chris will be teaching a process for making embellishments, and/or backgrounds like you see in this picture. She will be teaching a process of how to make things from papers of all kinds that can be stitched and used in art quilts. Note: You will not have time to make a complete project. Here are some pictures of things she has made using the process. A sample will be at the April meeting.

Cost is \$20 and includes a kit. What a deal! No sewing machine!

**Monday, June 27, 2016**

**Kris Vierra**

**Website:** [www.kcustomquilting.com](http://www.kcustomquilting.com)

**Facebook:** Kris' Custom Quilting  
**9 am and 6:30 pm Lectures: Trunk Show**

Kris Vierra is an international award winning quilter from Lincoln, NE. Her quilts have been featured in numerous magazines and displayed at AQS and the International Quilt Festival. Kris is active in her local quilt guild and has a full time long arm quilting business. In addition, she often donates her services to "Quilts of Valor".

**Workshop: 1:00 to 4:00 pm (\$30 plus supplies)**

***So I've Got it Pieced, Now What?***

Everyone has gotten to the end of a quilt pattern, and read with dread, the words "quilt as desired". What does that mean? This class will talk about different ways to quilt your quilts. Which quilting patterns compliment piecework vs. applique', straight lines vs. curves. The class will also discuss quilting density, which type of thread to use and ways to plan out your quilting with minimal marking. Please bring your completed trouble tops and we will try and talk about how to quilt as many as possible.

*Supply list: WET erase markers (black or blue work best) 15x24" piece of clear flexible plastic (found at Joann's) Blue painter's tape. Any quilt top you want to bring (up to 2 per student).*



## Fun with Kim!



### Did you miss the April speaker and workshop?!

Our presenter, Kim Lapacek of Persimon Dreams fame in Wisconsin shared her love of challenges in her quilting life. Her idea of Block of the Month is not one or two, but *eight to ten* blocks! Then she combines them all in one quilt, working with sashings and borders to make them all fit! Check out her blog at [persimondreams.blogspot.com](http://persimondreams.blogspot.com) and her website at [www.kimlapacek.com](http://www.kimlapacek.com) for pictures of her vibrant, creative quilt creations and her humor.

Especially her humor!



Monday, July 25, 2016

Carolyn Moellers

Website: [www.carolmoellersdesigns.com](http://www.carolmoellersdesigns.com)

9 am and 6:30 pm Lectures:

**Incorporating the Elements of Design in Your Quilts**

Carolyn's life really changed when she entered her first quilt show back in 2009 at the Iowa State Fair Today she designs patterns, teaches, and is a long arm quilter. Carolyn strongly encourages everyone to enter their quilts, share their passion, and just have fun. She says you never know what exciting opportunities might lie ahead



**Workshop: 1:00 to 4:00 pm (\$30 plus supplies)**

**Shake, Rattle, & Sew.** In this workshop Carolyn will share what she has learned in using the elements of design to add interest and dimension to quilt projects. The class will explore the components of art (color, form, line, shape, space, texture, and value) and how it will improve your quilt design making choices. Participants will review some traditional quilt blocks and look at how changing the components (line, shape, form, value, and color) can transform a very ordinary quilt block to an extraordinary quilt block. This will be approx. 45 minutes of the class. You will use these principles and make a class project using a traditional block. You will SHAKE it up, add a little pizzazz using the elements of art (RATTLE), and then SEW these creative blocks together to create one amazing wall quilt. *Maximum number in class: 20*



**2016 EIHQ GUILD  
WORKSHOP REGISTRATION**

**Program Chair:** Jan Felthous (920) 988-1339 [jfelthous@wi.rr.com](mailto:jfelthous@wi.rr.com)  
**Program Planning Chair:** Kathy Robbie (563) 488-3874 [kkrobbie@netins.net](mailto:kkrobbie@netins.net)

Your Name \_\_\_\_\_ Date Rec'd \_\_\_\_\_  
 Phone # \_\_\_\_\_ Check # \_\_\_\_\_  
 Email \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ Zip \_\_\_\_\_

TEACHER	DATE	DAY	WORKSHOP	COST	TOTAL
Sharon Helgens	January 25	Monday	Create Your Own Paper Doll	\$25	
Charleen Richtsmeier/ Valorie Bonk	February 22/ February 23	Monday/ Tuesday	Quilt Appraisals (fee is per appraisal)	\$40	
Cindy Thury Smith	March 28	Monday	Six Ways With Stripes	\$30	
Kim Lapacek	April 25	Monday	Dresden Neighborhood	\$30	
Chris Clark	May 23	Monday	Paper Quilts	\$20	
Kris Vierra	June 27	Monday	Different Ways to Quilt Your Quilt	\$30	
Carolyn Moellers	July 25	Monday	Shake, Rattle, and Sew	\$30	
Catherine Redford	August 22	Monday	Walking Foot Quilting	\$30	
Karen DeWitt	September 26	Monday	Small Squares	\$30	
TBD	November 28	Monday	Make and Take	\$30	

1. Registrations paid for at the time of registration are placed on the PAID/CONFIRMED list.
2. Registrations not accompanied by payment are NOT CONFIRMED and are put on a waiting list subject to available space at the time of payment. Once payment is received, if space is still available, class registration is confirmed. No one will be considered registered for a class until payment is received.
3. At 10 days prior to the class, all vacancies become available to non-guild members at an additional fee.
4. Payment is refundable if cancelled at least two weeks prior to the day of the workshop.
5. One check may be made out to EIHQ for all workshops chosen.
6. Workshop fee does not include supplies. Supply lists are available on the EIHQ website, [www.eihguild.com](http://www.eihguild.com), under 2016 Programs and Workshops.

**Complete and mail this form to: Jan Felthous, 4505 Hwy. 30, Ely, IA 52227-9514**

## NEWS FROM THE ACTIVITIES COMMITTEE

### MISSOURI STAR BUS TRIP UPDATE



A tentative itinerary and registration form are included in the newsletter and on the guild's website. The bus trip will be June 10 and 11. Deadline is April 30. If you have any questions, please contact Jackie Mason, 213-7612, [jacalynmason@yahoo.com](mailto:jacalynmason@yahoo.com). Spread the word and be sure to invite your friends.

### RETREATS



Dates for upcoming retreats are listed below. Please note the correction to the dates for the fall retreat

**September 30-October 2, 2016**

Retreat leaders are Sheila Williams and Carol Rowland

**March 31-April 2, 2017:** Retreat leaders – open

**September 22-24, 2017:** Retreat leaders are Debbie Wordehoff And Cindy Barios

**April 6-8, 2018:** Retreat leaders – open

**September 28-30, 2018:** Retreat leaders - open

If you are interested in hosting a retreat in 2017 or 2018, please contact Jackie Mason at [jacalynmason@yahoo.com](mailto:jacalynmason@yahoo.com).

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## WE BEE QUILTING

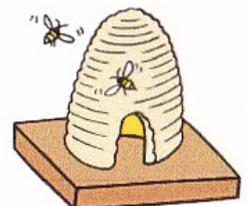


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**Debra Murphy**  
 319-551-7306  
 Marion, Iowa

[detour4me@gmail.com](mailto:detour4me@gmail.com)

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when you spend \$50 or more

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for the All Iowa Shop Hop

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Open Tues-Sat 9a-5p

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Store Hours:  
Mon - Fri: 10 - 5  
Sat: 10 - 4  
Sun: closed  
Holidays: closed

## There's A Quilt Shop In Mount Vernon?



You Bet!

Helios Stitches N Stuff is located in the Old School  
Shops building on 1st Street in downtown Mount  
Vernon. We are open Tues-Sat from 10 am until  
5pm.

We specialize on Eastern Iowa Designers and  
Brights, Batiks, and contemporary fabrics.

We also make messenger bags, tote bags, aprons,  
pillowcases and more in our store.

Stop by soon to see us!

Contact Helios Stitches N Stuff Tues-Sat 10-5 at  
319-512-3323 or [Leland@buytotesnow.com](mailto:Leland@buytotesnow.com).



## Merry's Stitchins

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Business Hours:  
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Directions:  
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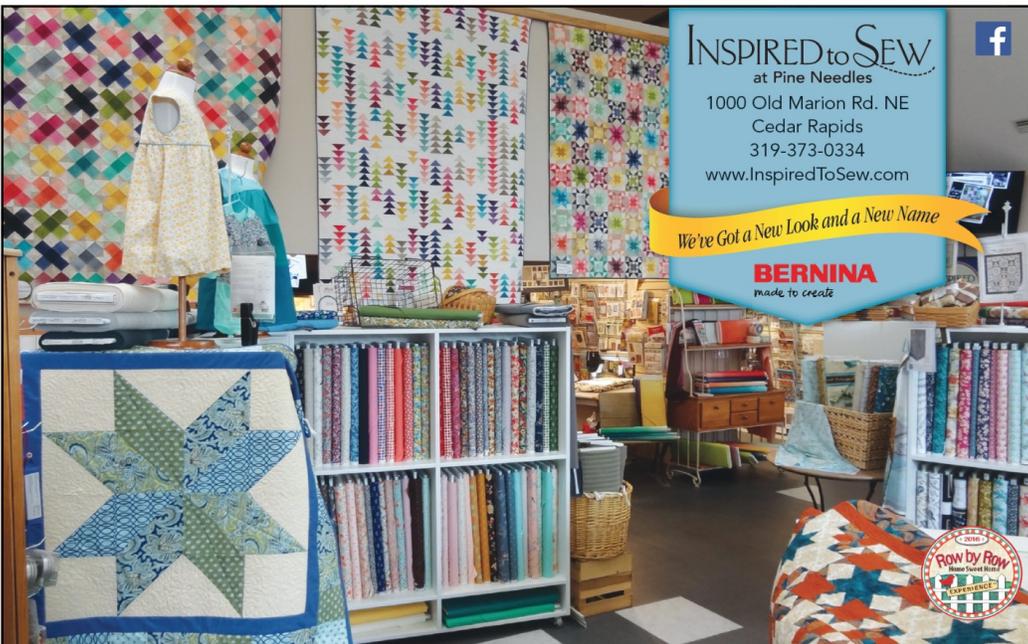
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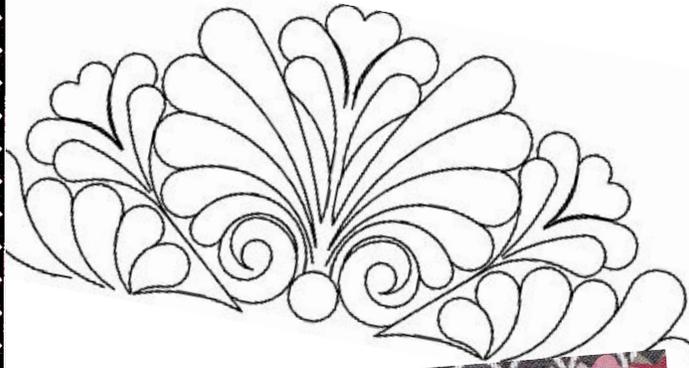
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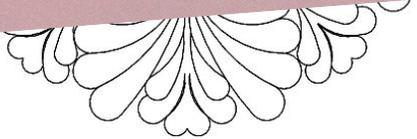
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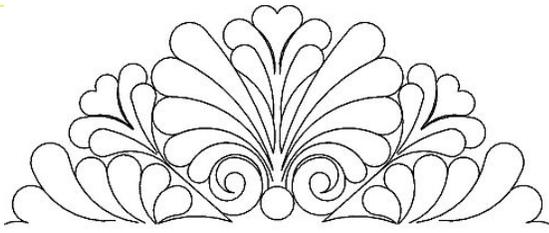
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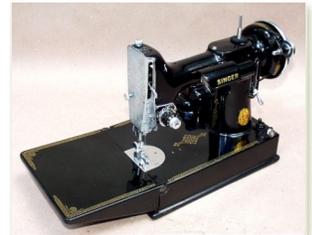
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