East Iowa Heirloom Quilters

President's Corner

Volume 37, No. 3
February 2017

Hello EIHQ Members,

Here I sit having my coffee with my "Hip Warmer" Lindy Lou watching Animal Planet, as I do most mornings. I am remembering our January meeting. I had fun visiting with members and shopping at the same time. I was so glad to see members sitting, chatting and laughing, and also shopping. I heard from the "Guild Vendors" that it was a very good day for them. So this kind of meeting works for January when we are always concerned about a horrible snow or ice storm. Having a scheduled speaker can really cause a problem if we have to cancel.

Now we are into February and Cindy Salat will dazzle us with her talents. As many of you have seen her wonderful work, I am always inspired by her creativity and quilting. We are so blessed to have such a variety of experienced quilters in this guild to learn from. Sheila Williams will be doing our August meeting. As many of you know she likes things "Small". Both of these ladies just might help you and me to work out of our box. I know I am looking forward to being inspired by them both.

Kathy Robbie has done a wonderful job of getting speakers to help us continue to learn more and more about our wonderful hobby. I look forward to each month to see what she has in store for us. Please come and join us.

Keep on Sewing,
Sue

Upcoming Retreats:

3/31-4/2/17

9/22-9/24/17

4/6-4/8/18

10/5-10/7/18

Meet A Member

Karen Bronkhorst

Karen is currently our Vice President. She lives in Cedar Rapids with her husband, but she grew up in Berwyn, Illinois. She attended Irving Elementary, then Morton West High School, and later attended Northwestern College in Orange City, She also took classes at the University of Iowa, William Penn, the University of Michigan and the University of Alaska. She is the oldest child in the family, and has two sisters, living in Virginia and Illinois, and a brother, residing in Illinois also. Karen's mom still lives in Berwyn, and still quilts. Karen got her into quilting, and mom has started a quilt group at her church.

Karen has quilted since 1969, when she made a Sun Bonnet Sue Quilt while pregnant with her first child. Fate intervened, however, and she gave birth to a boy! So she made the 24 finished squares into a lap quilt, which family members used over the years.

Karen has been the librarian for our guild also, and was previously a member of the Iowa City guild where she was active in several roles, including President. Her favorite part of quilting is seeing the project go from an idea into something tangible. Karen's worst mistake while quilting was when she was putting the binding on a finished quilt and she spilled coffee on it. (Yikes!) This quilt was a wedding gift. The black ran into the white on three of the 200 blocks, and the wedding was only two days away. She finally got the black out of the white squares (sort of), but lost most of the color too. So she "lost" the quilt, and it was never seen again.

Karen currently serves as a part-time nurse to her husband, who took a fall in November and is having trouble bouncing back. They have three sons and 8 grandchildren– five boys and three girls. She reports that anyone interested, just ask about them, as she always has pictures with her!

In addition to quilting, Karen likes to read, knit, and she volunteers at a food pantry. She told me to make up some good facts to make her seem more interesting…. Anyone who knows Karen knows she has a great sense of humor! She reports she just had a birthday and is feeling OLD, so she has promised herself she will clean her sewing room and downsize, but admits that ain't gonna happen!

SOS : Sharing Our Skills

Awesome!

That's what you people are! During January, you donated 27 finished quilts! 31 quilt tops! 13 pillowcases and assorted other items!

In addition, all the quilts we had ready to be quilted by you talented generous longarmers were taken! We will have more ready at the February meeting.

Another AWESOME thing? Connie Moyer from Connie's Quilt Shop, 785 8 Avenue, Marion, donated 113 yards of fabric! We will use the majority for backing. Please thank her the next time you're in her shop!

SOS WEDNESDAY
FEBRUARY 15, 2017
KNIGHTS OF COLUMBUS
1620 E Ave NE
9:30-3:30
GOURMET POTLUCK, SEW, TIE, KIBBITZ!

SOS will be providing fabric, etc, to Families Helping Families for their Quilt-A-Thon, March 11, at the Legion. We are gearing up for the Linn County Daycare's graduation, and need 20 boy and 20 girl quilts, "kindergarten " sized, roughly 42" wide and 50" long.

As always, we also need twin and full sized quilts for Habitat For Humanity, the local shelters and Catherine McAuley's new refugee program. Please help those who do not have the basic necessities.

We very much appreciate your time, and generosity. We will gladly accept your bits and bobs of bindings, any surplus sewing items...zippers, lace, etc, for fidget quilts, and your enthusiastic smiles!

Mary Burgess, Diane Eimen, and Suzanne Mullins

QOV: Quilts of Valor

Freedom Stitchers of Iowa!

Well … I gotta tell you that if you missed the Quilts of Valor® National Sew Day February 4, you missed a whee of a day!!!! What fun we had! – AND got TWO 60x80 quilt tops made, 8 or 9 pillow cases made, several Patriotic Kits started and taken home to complete, several Patriotic Strip Kits started and taken home to complete and time for laughs and snacks. Channel 2 TV Crew and Ralph and Jerry stopped by too! REALLY a wonderful day!!! My humble and sincere thanx to ALL who helped with set up/ assembly line/ ironing/ sewing/ hauling all the stuff there and back to my house/ keeping the sign standing up at the curb – EVERYONE was just wonderful.

The support that you have given this mission is humbling and very rewarding – not only for Freedom Stitchers of Iowa, but especially for the Vets to who we award the beautiful quilts. If you are not part of this volunteer group, please think about joining.

The next group Presentation of QOV's will be Saturday, February 25 at Cedar Memorial West Chapel at 11:00 for 15 honorable Vets, followed by a reception. Please come see a Presentation if you have not. Nothing is more inspiring!

Those interested in visiting a "Moving Vietnam Wall" – there will be one the weekend of May 18 in Cedar Falls. More info to come – or just ask.

Next Freedom Stitchers of Iowa Open House/Sew Day is Thursday Feb. 23rd – call me for info. Then, at Guild Meeting, I will have about 12 Patriotic Kits and some Strip Kits for sale. You TOO can make a QOV for a Vet! We are planning at least 5 Group Presentations this year, and of course need quilts for those (60 quilts) plus more for the Private Presentations that are ongoing.

THANK YOU for your time, talent and support!

THANX --- Elayne – 319-551-4492

EIHQ SPRING RETREAT!

MORE TIME TO SEW
March 31 – April 2, 2017
Prairiewoods

Cost: $100 for commuters
$175 overnight with a roommate
$200 Single room
Are you looking for a fun, enjoyable time with a great group of quilters ???
Come join us March 31 – April 2 for the MORE TIME TO SEW Retreat at Prairiewoods.
A form is on the next page of this newsletter, to be post-marked no earlier than February 28.

For questions, please contact:

Shanna Cellman 319-550-6502
scellman@mchsi.com
Jan Felthous 920-988-1339
jfelthous@wi.rr.com
Julie Gibson 319-899-7490
jkgibson49@yahoo.com
Debbie Wordehoff 319-389-5550
dwordehoff@yahoo.com

More Time to Sew

March 31 - April 2, 2017

EIHQ Spring 2017 Retreat Registration Form

***** Forms must be mailed and not postmarked before Tuesday, February 28, 2017***

Participant Information:

Name: _____

Address: _____

City, State, Zip: _____ Phone: _____

email: _____ Non-Member? _____

Name for Name Tag: _____ Fist time at an EIHQ Retreat? _____

Do you have any food allergies? Please list: _____

_____

Would you like to schedule a massage during retreat? 1 hour $65 _____
(you will pay the massage therapist directly at the time of service)

Cost of Retreat (please select one option):

1) I would like to commute from home ($100) _____

2) I would like to stay overnight with a roommate ($175) _____

3) I would like to stay overnight in a single room ($200) _____

Name of roommate (or we can assign one) _____

Need a first floor room ? _____

Participants will be selected in the order received. Preference will be given to EIHQ members first. There will be a waiting list if more registrations are received than spots available.

Please mail your check (payable to EIHQ) and registration form on or after Feb 28, 2017 to:

Debbie Wordehoff
3067 Circle Dr NE
Cedar Rapids, IA 52402

For questions please contact:

Debbie Wordehoff	319-389-5550	dwordehoff@yahoo.com
Shanna Cellman	319-550-6502	scellman@mchsi.com
Jan Felthous	920-988-1339	jfelthous@wi.rr.com
Julie Gibson	319-899-7490	jkgibson49@yahoo.com

PROGRAMS AND WORKSHOPS

Below are the programs and workshops for the next three months. More information about this year's programs and workshops (along with supply lists) can be found on the guild's website, eihqguild.com. To register for a workshop, complete the workshop registration form (in this newsletter and on the website) and turn it into Kathy Robbie at a guild meeting or mail it to her at the address on the form. Workshops are held at the American Legion from 1:00 to 4:00 unless noted. If you have any questions, please contact Kathy Robbie, Program Chair, at 319-481-7361; kkrobbie@netins.net. Thank you for your support.

February 27, 2017 - Program

Cindy Salat, EIHQ Guild Member

9:00 am and 6:30 pm Lectures: My Quilting Journey

My quilting journey actually started in 1973….ended in 1976 and restarted in the late 90's. The world of quilting went through a renaissance! I consider myself a traditional quilter, however, I have even surprised myself along the way! I would like to share this journey with you. There will be something for everyone; including liberated quilts and shirt quilts. Many have been given away over the years, donated or sold, but I still have a "few" that I would like to share with you. Since joining the EIHQ Guild in 2008, it has not only opened up a whole new world of quilting, but also friendships and a lot of fun sewing with others.

February 27, 2017 – Workshop

Cindy Salat; $15/20 person maximum

Fun With Free Motion Quilting

Really….! Let's just have fun. Cindy will show you some easy free motion techniques. NO TEMPLATES REQUIRED. Cindy will share with you what works for her and you can then try it and wee what you think. You will go over various sized border patterns, fill, and feathers. This will be a "hands on" (first whiteboard and then try it on your machine). Fee will be donated back to the guild

March 27, 2017 - Program

Stephanie Soebbing; www.stephaniesoebbing.blogspot.com

9:00 am and 6:30 pm Lectures: Trunk Show

Stephanie started quilting after college because she was bored. She was used to working 30 hours a week at the student newspaper, interning at the local paper, TV or radio station, maintaining a full class load and a full social calendar. Just having to work 40 hours a week wasn't enough. Fast forward to March 2015. After an unexpected layoff Stephanie decided, with her husband's full support, to pursue running Quilt Addicts Anonymous full-time, growing her little quilting blog into a resource for quilters of all skill levels, providing daily articles featuring tutorials, original patterns and quilting news.

April 24, 2017 - Program

Marilyn Lee, Art Quilter

9:00 am and 6:30 pm Lectures: Trunk Show

Marilyn Lee lives in a quiet corner of the world where she makes complex and highly detailed textiles with fabric and thread. Working on vintage treadle sewing machines, she knows no boundaries for her embroidered work, from dimensional flowers, lace and ornaments to wall quilts where 1000s of small pieces; 500 of them in 17 different shades make up President Obama's face alone. This quilt won the 2010 Minnesota State Fair Quilt Champion prize by the way. Marilyn has her own YouTube channel where she graciously shows us, in a seemingly effortless manner, how she creates lovely lace and embroidered work. Marilyn has been written up in many textile and quilting arts publications. *The quilt shown is called "Loon Song" and will be featured in the "Cabin Art" department of Cabin Living Magazine in an upcoming issue.*

April 24, 2017 – Workshop

"Bits and Pieces": Beautiful Art Quilts From Your Scraps

$30.00 (workshop will be from 12:30 to 4:30)

Want to use up all of your fabric scraps? Make a beautiful art quilt from them! Learn how to make a beautiful art quilt from your scrap pile. If any of you are like Marilyn, you hate to throw out those scraps...well now you don't have to.....Use them and create some beauty! Everyone should choose a photo that they would like to recreate in fabric.

Old Nine by Tammy Vonderschmitt, from "Block Buster Quilts—I Love Nine-Patches" by Karen M. Burns

Do you like Scrappy Quilts?
Do you like Postage Stamps?

Join a Postage Stamp Exchange!

In this context, a "postage stamp" is a 1.5" square of fabric. If interested, or just curious, see Debbie Heckert at the February guild meeting or email: cabndrmz713@gmail.com for more information.

2017 EIHQ GUILD
WORKSHOP REGISTRATION

Program Chair: Kathy Robbie (319) 481-7361 kkrobbie@netins.net
Program Planning Chair:

Your Name _____ Date Rec'd _____
Phone # _____ Check # _____
Email _____
Address _____
City _____ Zip _____

TEACHER	DATE	DAY	WORKSHOP	COST	TOTAL
Table Rental	January 23	Monday	Clean your sewing room & make some $	$15/table	
Cindy Salat	February 27	Monday	Fun With Free Motion Quilting	$15	
Stephanie Soebbing	March 27	Monday	Wildflower Meadow	$30	
Marilyn Lee	April 24	Monday	"Bits and Pieces": Beautiful Art Quilts From Your Scraps (12:30 to 4:30)	$30	
Ami Simms	May 22	Monday	Freedom to Feather	$30	
Ami Simms	May 23	**Tuesday**	Beautiful Basic Bindings for Beginners (all day workshop)	$35	
Lynn Hagmeier	July 24	Monday	Cactus Stars/Rustic Stars (5 hour workshop). Time (tentative) 9:00-2:00 (includes 1 hour lunch)	$30	
Sheila Williams	August 28	Monday	Miniature and Small Block Quilts	$15	
Scott Flanagan	September 25	Monday	Charming Christmas (12:30 to 4:00)	$30	

1. Registrations paid for at the time of registration are placed on the PAID/CONFIRMED list.

2. Registrations not accompanied by payment are NOT CONFIRMED and are put on a waiting list subject to available space at the time of payment. Once payment is received, if space is still available, class registration is confirmed. No one will be considered registered for a class until payment is received.

3. At 10 days prior to the class, all vacancies become available to non-guild members at an additional fee.

4. Payment is refundable if cancelled at least two weeks prior to the day of the workshop.

5. One check may be made out to EIHQ for all workshops chosen.

6. Workshop fee does not include supplies. Supply lists are available on the EIHQ website, www.eihqguild.com, under 2017 Programs and Workshops.

Complete and mail this form to: Kathy Robbie, 4909 100th Avenue, Wyoming, IA, 52362

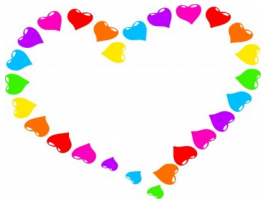
June 26 — Retreat Day
Spend the day and evening sewing; snacks served throughout the day; pizza and music at 6 pm

July 24 — Lynne Hagmeier, Kansas Troubles (no 9 am meeting)
Workshop: TBD (5 hour workshop in the morn

August 28 - TBD

September 25 — Scott Flanagan
Workshop: "Charming Christmas (workshop will be from 12:30 to 4:00 pm)

November 27 — Adopt a Vet and Food Drive



I-80 Quilters One-Stop Shopping Spree
Saturday, Feb. 25, 2017, 10-5
Sunday, Feb. 26, 2017, 10-4
Clarion Highlander Hotel, I-80 Exit 246, Hwy 1
2525 North Dodge Street, Iowa City, Iowa

Visit 15 quilt vendors all under one roof with their latest in kits, fabrics and notions. Shop to your heart's content warm and comfortable out of the winter cold!

Participating Merchants:
Rainbows and Calico Things, Iowa Falls Sewing Machine Co., Seams to Me, The Cottage Rose, Expressions in Threads, Ellen's Quilting Corner, Washtub Quilts, Fabrications, The Backstitch, Nolting Long Arm Quilter, Quilter's Paradise, The Fabric Stasher, Fabrics 2 Go, The Little Red Hen, The Quiltmaker's Shoppe.

For more information call: Barb 319-668-1977 or Kathy 563-927-8017

EIHQ SNOW POLICY

If the Cedar Rapids Community School District (CRCSD) cancels classes due to weather, then the EIHQ will **not** meet. If CRCSD runs a 2 hour delay, EIHQ will not have the morning meeting, but will have the workshop at 1:00pm and the evening meeting. If CRCSD has an early dismissal due to weather, there will be no workshop or evening meeting held.

January block of the month winner in the morning was Marilyn Loan .The block is called True Blue..

January block of her month winner in the evening was Linda Morris. The block is called Log Cabin Variation.

Fat Quarter Lottery 2017 AM and PM

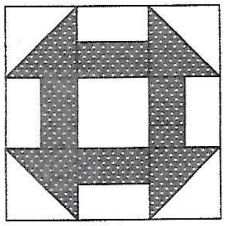
January: snow/ winter
February: hearts
March: spring/ Easter
April: 30's
May: black/white
June: florals
July: patriotic
August: beach/summer
September: batiks
October: autumn
November: Christmas

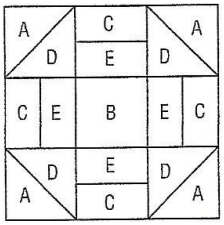
President's Challenge Block of the Month

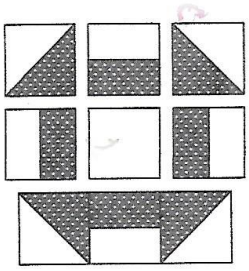
Churn Dash

6-Unit Grid

January 2017







FOR 1 BLOCK:		FINISHED BLOCK SIZE 12"
Light	A: 2	4⅞"
	B: 1	4½"
	C: 4	2½" x 4½"
Dark	D: 2	4⅞"
	E: 4	2½" x 4½"

Show and Tell
January 23, 2017

AM meeting:
Irina Siminova
Dawn Barnes
Darlene Andreatta
Jayne Kramer
Sue Kramer
Marilyn Loan
Elayne Gassett
Diane Karr
Carmen Irelan
Don Dixon
Bill Brewster
Mary Wauer
Jane Brokow
Kathy Robbie
Sue Halley
Diana Richardson
Debbie Wordehoff

PM meeting
Susan Walkr
Jackie Tyne
Jayne Kramer
Kristie Mattson
Jan Felthous
Rose M.
Gail Williams
Darlene Andreatta
Karen Jones
Debbie Wordehoff
Cindy Barrios
Moira Guffey
Diane Karr

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Business Hours:
10-5 pm Tues-Friday
10-4 pm Saturday

Directions:
3 miles N of Jesup on V62
Then, 2 miles W at the sign

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319.423.0694
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Marion, IA 52302
irinasquilting@gmail.com

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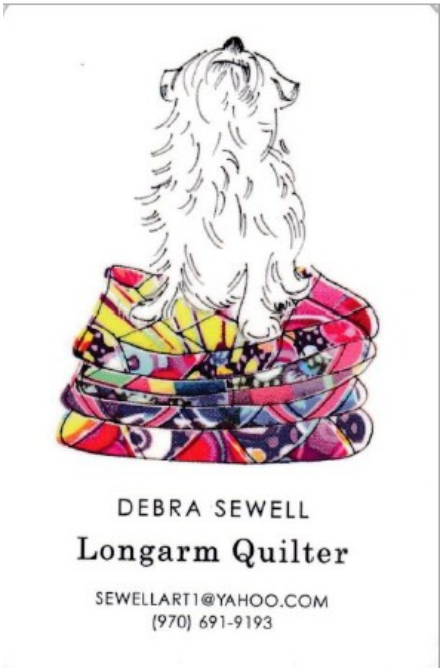

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Owner

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There's A Quilt Shop In Mount Vernon?

HELIOS

You Bet!

Helios Stitches N Stuff is located in the Old School Shops building on 1st Street in downtown Mount Vernon. We are open Tues-Sat from 10 am until 5pm.

We specialize on Eastern Iowa Designers and Brights, Batiks, and contemporary fabrics.

We also make messenger bags, tote bags, aprons, pillowcases and more in our store.

Stop by soon to see us!

Contact Helios Stitches N Stuff Tues-Sat 10-5 at 319-512-3323 or Leland@buytotesnow.com.

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(319) 622-3887

Follow us on facebook! We post new things weekly.

Annual Customer Appreciation Sale!
March 3-4-5
Friday & Saturday 9-5 / Sunday 11-4

20% off storewide!

Batik art panels, Dovo scissors, some quilt kits and finished quilts will not be included in the sale.

This includes all quilting fabrics, notions, books & patterns, fat quarters and many kits.
(All bolt cuts require ½ yard min.)
All cross stitch, punchneedle, embroidery & tatting.

Take 20% off all current sale priced merchandise for a discount of 50% - 70% on select items!

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SOS	Suzanne Mullins	396-7162	suzmullins@mchsi.com