East Iowa Heirloom Quilters

Cedar Rapids, Iowa

EIHQ was organized in October 1980, for the purpose of promoting the art of quilt making & related projects, and conducting educational programs on the design & technique of making heirloom & modern quilts.

President's Corner

June 2016

What a busy time of year this is. We have the All Iowa Shop Hop. County fairs to go to. Then of course some will be preparing for the state fair in August. As quilters we always can find a reason to sit at a sewing machine and sew. Since the show is over it has been fun playing with my fabric and do some mindless sewing. I am even working on a few UFO's. It is amazing how that list seems to grow. But the best part is how I never seem to get bored. If I need to be inspired I go to a quilt shop and look around. Google the internet or just have a chat with a friend to see what they are working on.
It is amazing how I look at things and start thinking of 9 patches, stars and more. How color can change my design or my mood. So I sure hope you stay inspired and busy at your sewing machines. I always enjoy seeing what you have made. Keep on sewing.

Happy Quilting,
Sue

www.freshlemonsquilts.com

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Guild Calendar

June/July 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 12	13	14	15	16	17	18
			SOS, 9:00-3:30, Guaranty Bank, Fairfax			
19	20	21	22	23	24	25
	Art Quilters Mtg., 10:00am, TBD Guild Board Mtg. 6:00, Community Church, Hiawatha			Freedom Stitchers, 10:00-8:00, Garnett Place, Cedar Rapids		
26	27	28	29	30	July 1	2
	Guild Mtg., 9:00 & 6:30, American Legion, Marion					
3	4	5	6	7	8	9
	Independence Day!					
10	11	12	13	14	15	16
17	18	19	20	21	22	23
	Art Quilters Mtg., 10:00am, TBD Guild Board Mtg. 6:00, Community Church, Hiawatha		SOS, 9:00-3:30, Guaranty Bank, Fairfax			
24	25	26	27	28	29	30
	Guild Mtg., 9:00 & 6:30, American Legion, Marion			Freedom Stitchers, 10:00-8:00, Garnett Place, Cedar Rapids		

Guild News

May Block of the Month

Patty Berry won May's AM Block of the Month drawing for the Card Trick. Congratulations, Patty!

Remember, it's just $1 for each block. Sew it up and bring it to the following meeting—you *might* be the next winner and receive an **entire quilt top** for just $1. You can't win if you don't play!

Fat Quarter Lottery

Bring one (or more) quilt-shop-quality fat quarter to the morning or evening meeting. For every fat quarter you bring, your name is included in a drawing for a chance to win a stack of fat quarters!

theloopyewe.com

June—Flowers

July—Patriotic

August—Geometrics

September—Leaves

November—Christmas

Lorry Evans is our Morning Coordinator & Debbie Wordehoff is the Evening Coordinator.

May AM Winners

Diana Richardson x2

May PM Winners

Pam Serovy x2
Chris Hanson
Candy Diester

Days for Girls Team Cedar Rapids

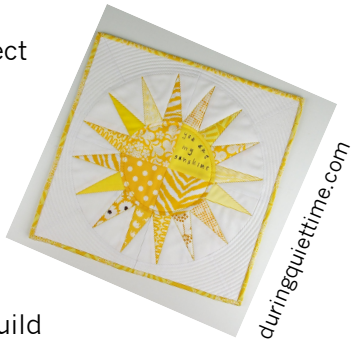
Every Girl, Everywhere, Period.

DAYS FOR GIRLS INTERNATIONAL

Joan Mollenhauer
Phone: 319-350-5149
E-mail: quilters-soul@outlook.com
Www.daysforgirls.org
FB: Days for Girls Cedar Rapids IA Team

Are you…

- Passionate and enthusiastic about quilting?
- A person who likes to be "in the know?"
- Eager to learn, fearless when trying new things?
- Familiar with computer applications such as the Internet and Microsoft Word?
- A team player?



duringquiettime.com

If so, you may be the perfect candidate! EIHQ is seeking a Newsletter Editor for the 2016-2017 year. This is a one-year position.

The Editor works closely with the Board to communicate upcoming guild events and information to the membership. Key responsibilities include collecting content from board members, committee leads and advertisers; creating an attractive and readable layout; and uploading content to the EIHQ website.

Experience not necessary for the candidate who is fearless and enjoys an adventure. Training is available.

Start date: November 1, 2016 End date: October 31, 2017

PS If you're just interested in helping out, contact Debbie at eihqnewsletter@gmail.com .

Freedom Stitchers of Iowa

GOSH!!! Thought that when the Quilt Show was over that life would be less busy and stressful! ---- Silly me!!!

OUR EIHQ Show was MARVELOUS. The quality of quilts was certainly stepped up this year! Everyone is to be commended for the great show.

Of course, I was very involved in the Quilt Expo Show in Des Moines a week later. GREAT show!! Quilts of Valor® was "partner-d" in that endeavor with a "Production Line" to make quilts and Presentations daily, Information Booth – AND … NEW MEMBERS – for QOV as well as Freedom Stitchers!!! WELCOME to all!!!.

We (Freedom Stitchers of Iowa) have a Presentation on June 18 at Cedar Memorial West to award 15 Veterans with a Quilt of Valor®. ALL of you are welcome to come and see what all that is about!! Then June 25th I'll be in Nevada to award 5 quilts (2 WWII and one Vietnam Vet in a Health Care facility, but local folks). The more people learn about QOV, the more recipients we have … next Presentation (for 15) is scheduled for October, and we are already looking toward and "booking" recipients for January!! We are able to do a big Presentation about every 2-3 months thanx to all of you who are helping. There are lots of Private Presentations along the way, so the need for quilts just keeps growing. If you would like to participate, please get in touch with a Freedom Stitchers' member, or me. We **do** have guidelines and specifications for the quilts!

Please remember that Freedom Stitchers of Iowa meets the 4th Thursday of every month – You all are welcome to stop by 10:00 a.m. to 8:00 p.m. Come by, learn about what we are doing. If you would just like to be on the email list, contact me so that you can stay in touch!!!

Have a WONDERFUL summer!!! Am looking forward to the June meeting and seeing all the winning Show quilts!

Thanx! **Elayne – 319-551-4492**

Images courtesy of www.QOV.com

HELP! HELP! HELP!

SOS has been the lucky recipient of numerous boxes of flannel, as well as some regular quilting material. Please check out the SOS table at the June meeting, so we can put it to its best use.

On June tenth, Habitat for Humanity did a triple home dedication; accordingly, we provided three large quilts to the parents, and nine twin quilts to their collective children. As far as we know, there will be two more homes dedicated this season. We will need more twin quilts for them, as well as many of the shelters. For the organizations that help the homeless, veteran and otherwise, we need very large quilts. These need not be masterpieces, by any stretch of the imagination. We are looking for strictly utilitarian quilts.... squares sewn together, etc.

At the quilt show, there were 16 quilts machine quilted and 18 were tied. Don't let the numbers fool you! Two of the machine quilted, and one of the tied one were large queen sized quilts; just what we needed! Many of the others were on the larger side, so we were more than pleased!

We will be meeting at the Guaranty Bank building, Highway 151, Fairfax, on June 15. Come help cut material, sew and tie quilts, from 9:30 to about 3:30, or any part of the day. As always, we will be dining on a delectable potluck lunch, no doubt featuring some homegrown goodies.

Going forward, we will continue to need your leftover bits of bindings, doll quilts, and walker bags. The bags can be any size; enough to carry personal items around a nursing home on a walker.

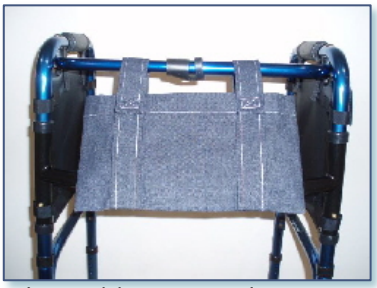
If you have any time, we will again be tying quilts between the meetings. We thank you for all your time, fabric and efforts.

Mary Burgess, Diane Eimen and Suzanne Mullins

http://rettspace.blogspot.com

P.S. Here are a few of the walker caddy patterns you can find online!

https://feltmagnet.com



http://www.sewing.org

http://mellysews.com

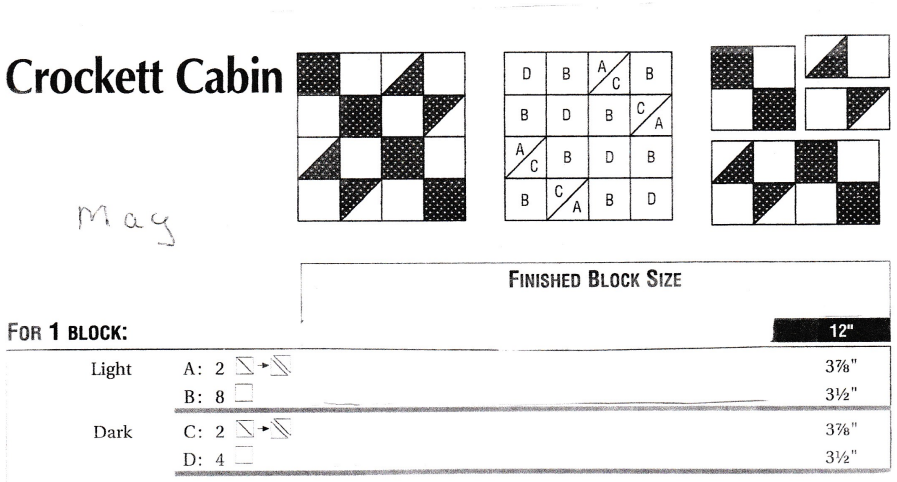
Guild News

President's Block Guild Challenge

Here's the next block in the **2016 Guild Block of the Month**, in case you missed it at the last meeting!

The May Block, Crockett Cabin, is shown at the right. Simply make two blocks, one for YOU in your favorite colorway and one for SOS in red, white & blue (or use whatever you have in your stash; SOS can make quilts with ANY colors).

If you have any questions, simply contact Shanna Cellman (scellman@mchsi.com) or Debbie Wordehoff (dwordehoff@gmail.com).



"501 Rotary-cut Quilt Blocks," Judy Hopkins, 2008

ACTIVITIES

BRUCEMORE

The guild will not be participating in the Brucemore Garden & Art show this year. If you are interested in chairing this event **next** year, please contact Jackie Mason at 319-213-7612; jacalynmason@yahoo.com. Brucemore is typically held the third weekend in August. This is typically a good moneymaker for the guild, and A LOT OF FUN!

RETREATS

Upcoming retreat dates:

September 30-October 2, 2016
March 31-April 2, 2017
September 22-24, 2017

Registration information for the fall 2016 retreat will be in the July newsletter. We need retreat leaders for the March 31-April, 2017 retreat. Contact Jackie Mason at 319-213-7612; jacalynmason@yahoo.com if you are interested.

PROGRAMS

Register online at www.eihqguild.com via Paypal, or by printing off the registration form in the newsletter. If you have any questions, please contact Jan Felthous, Program Chair, at jfelthous@ww.rr.com. Supply lists can be found on the workshop page on the guild's website, www.eihqguild.com. Workshops are held at the American Legion unless noted.

Monday, June 27, 2016

Kris Vierra

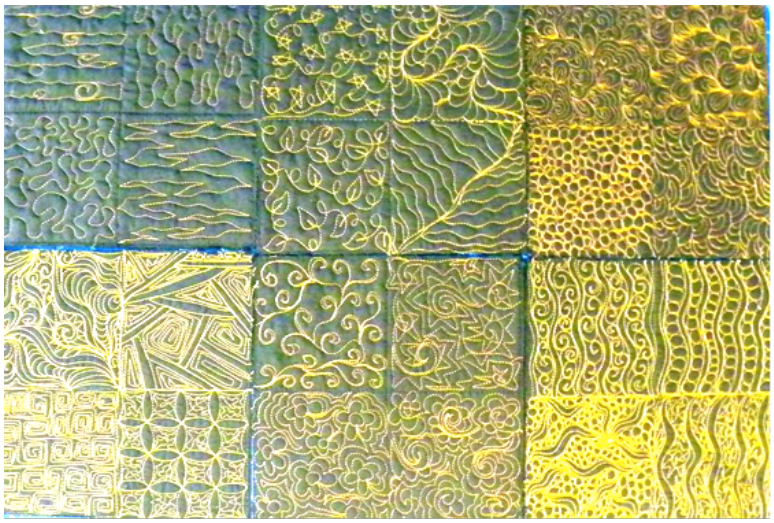
Website: www.kcustomquilting.com
Facebook: Kris' Custom Quilting
9 am and 6:30 pm Lectures: Trunk Show

Kris Vierra is an international award winning quilter from Lincoln, NE. Her quilts have been featured in numerous magazines and displayed at AQS and the International Quilt Festival. Kris is active in her local quilt guild and has a full time long arm quilting business. In addition, she often donates her services to "Quilts of Valor".

Workshop: 1:00 to 4:00 pm ($30 plus supplies)

So I've Got it Pieced, Now What?
Everyone has gotten to the end of a quilt pattern, and read with dread, the words "quilt as desired". What does that mean? This class will talk about different ways to quilt your quilts. Which quilting patterns compliment piecework vs. applique', straight lines vs. curves. The class will also discuss quilting density, which type of thread to use and ways to plan out your quilting with minimal marking. Please bring your completed trouble tops and we will try and talk about how to quilt as many as possible.

Supply list: WET erase markers (black or blue work best) 15x24" piece of clear flexible plastic (found at Joann's) Blue painter's tape. Any quilt top you want to bring (up to 2 per student).



Monday, July 25, 2016

Carolyn Moellers
Website: www.carolmoellersdesigns.com
9 am and 6:30 pm Lectures:
Incorporating the Elements of Design in Your Quilts

Carolyn's life really changed when she entered her first quilt show back in 2009 at the Iowa State Fair Today she designs patterns, teaches, and is a long arm quilter. Carolyn strongly encourages everyone to enter their quilts, share their passion, and just have fun. She says you never know what exciting opportunities might lie ahead

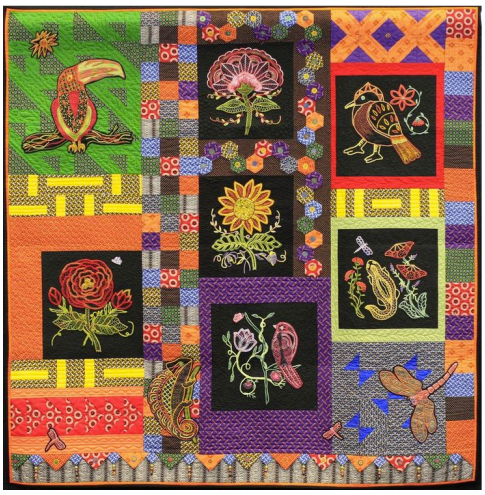
Workshop: 1:00 to 4:00 pm ($30 plus supplies)

Shake, Rattle, & Sew. In this workshop Carolyn will share what she has learned in using the elements of design to add interest and dimension to quilt projects. The class will explore the components of art (color, form, line, shape, space, texture, and value) and how it will improve your quilt design making choices. Participants will review some traditional quilt blocks and look at how changing the components (line, shape, form, value, and color) can transform a very ordinary quilt block to an extraordinary quilt block. This will be approx. 45 minutes of the class. You will use these principles and make a class project using a traditional block. You will SHAKE it up, add a little pizzazz using the elements of art (RATTLE), and then SEW these creative blocks together to create one amazing wall quilt. **Maximum number in class: 20**

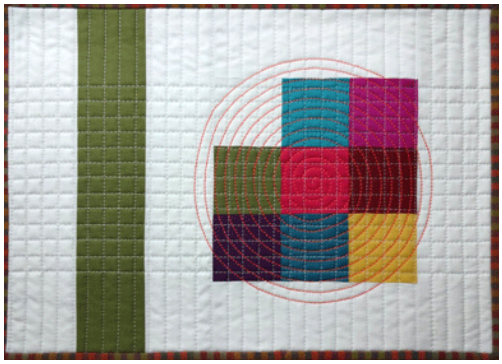
Monday, August 22, 2016

Catherine Redford Website: www.catherineredford.com

9 am Lecture: Lessons Learned While Quilting 6:30 pm Lecture: The Language of Flowers



Catherine was born in the UK, moving to the USA with her family in 1995. She has enjoyed all forms of needlecrafts since childhood taking her first quilting classes in 1998. Catherine started teaching in her local quilting store over ten years ago, entering the national arena with award winning quilts and top rated classes more recently. She loves to teach and provides her students a light hearted and encouraging setting in which to share her stitching passion.



Workshop: 1:00 to 4:00 pm ($30 plus supplies)

Walking Foot Quilting- Beyond the Ditch. Learn how to finish your quilts on a domestic machine while enjoying all the control of your walking foot. Catherine will start with a brief discussion of preparing your tops for quilting including marking and basting. Afterwards the class will make stitched samples of different styles including modern grids, matchstick quilting and spirals. Finish with a look at Catherine's work to inspire you to go home and turn your tops into quilts. **Maximum number in class: 20**

2016 EIHQ GUILD
WORKSHOP REGISTRATION

Program Chair:	Jan Felthous	(920) 988-1339	jfelthous@wi.rr.com
Program Planning Chair:	Kathy Robbie	(563) 488-3874	kkrobbie@netins.net

Your Name _____ Date Rec'd _____
Phone # _____ Check # _____
Email _____
Address_____
City _____ Zip _____

TEACHER	DATE	DAY	WORKSHOP	COST	TOTAL
Sharon Helgens	January 25	Monday	**Create Your Own Paper Doll**	$25	
Charleen Richtsmeier/ Valorie Bonk	February 22/ February 23	Monday/ Tuesday	**Quilt Appraisals (fee is per appraisal)**	$40	
Cindy Thury Smith	March 28	Monday	**Six Ways With Stripes**	$30	
Kim Lapacek	April 25	Monday	**Dresden Neighborhood**	$30	
Chris Clark	May 23	Monday	**Paper Quilts**	$20	
Kris Vierra	June 27	Monday	**Different Ways to Quilt Your Quilt**	$30	
Carolyn Moellers	July 25	Monday	**Shake, Rattle, and Sew**	$30	
Catherine Redford	August 22	Monday	**Walking Foot Quilting**	$30	
Karen DeWitt	September 26	Monday	**Small Squares**	$30	
TBD	November 28	Monday	**Make and Take**	$30	

1. Registrations paid for at the time of registration are placed on the PAID/CONFIRMED list.

2. Registrations not accompanied by payment are NOT CONFIRMED and are put on a waiting list subject to available space at the time of payment. Once payment is received, if space is still available, class registration is confirmed. No one will be considered registered for a class until payment is received.

3. At 10 days prior to the class, all vacancies become available to non-guild members at an additional fee.

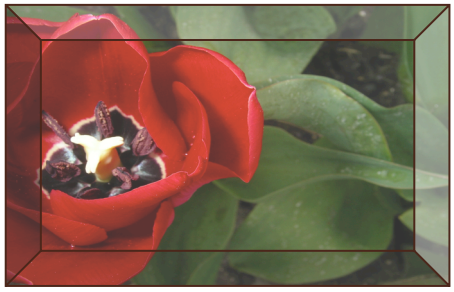
4. Payment is refundable if cancelled at least two weeks prior to the day of the workshop.

5. One check may be made out to EIHQ for all workshops chosen.

6. Workshop fee does not include supplies. Supply lists are available on the EIHQ website, www.eihqguild.com, under 2016 Programs and Workshops.

Complete and mail this form to: Jan Felthous, 4505 Hwy. 30, Ely, IA 52227-9514

From Chris Clark:



Jan,
I had a great time with you and your group on Monday. I had a nice ride home. I slept until noon yesterday! I just finished the fettuccine last night for supper. That bread was so good.
Here is the information I promised to send . One file is the information for supply sources, and the other is the directions for making the paper fabric. What a great group of ladies. I hope we cross paths with them at Missouri Star Quilts.

Thanks for inviting me to come to your guild.
Chris

Making Paper Fabric by Chris Clark

Materials:

Muslin

Fusible web (I prefer Steam-a-Seam II)

Parchment paper or non-stick sheet

Paper- any kind of soft pliable paper, tissue paper, napkins, etc.

Matte medium

Foam brush or soft bristled paint brush 1-2”

Iron and ironing surface

1. Cut a length the muslin the same width as the fusible web you are using, or the width of the paper you want to treat. (you can piece the fusible web if necessary) Iron the muslin so it is free from wrinkles.

2. Cover the muslin with the fusible web and iron one side using your protective covering.

3. Carefully place your paper on the free side of the fusible web and carefully smooth the paper into place. You will only need one ply of a napkin, so remove the extras. Three- ply napkins are easier to work with than 2-ply, although they are not that hard to use. Sometimes the second ply of a three-ply napkin has a lighter imprint of the original design that makes a lovely piece as well. The plain pieces can also be saved and painted to make paper fabric as well, so you don’t have to throw it away. When the paper is smoothed into place, iron it down according to the instructions of the fusible web.

4. If you are using plain tissue paper, or something you want to print on, adhere the size you want to a piece of freezer paper, (Freezer paper from

C. Jenkins Company is my favorite.) and print your picture now.

5. Carefully Coat the paper side with a thin layer of matte medium. It isn’t too fragile with the back on it, but try not to put holes in it. Of course, if you do, that just adds some texture so all is not lost. You can add a little bit of water to make it flow easier but don’t make it too thin.

6. Allow the fabric to dry completely or dry with a heat gun being careful not to get it too hot. When it is dry, it is ready to be cut, printed on, stitched on , or whatever else you would do with regular fabric.

My Favorite Art Quilting Supplies by Chris Clark

Websites:

Dick Blick Art Supplies - http://www.dickblick.com

Dharma Trading Company - http://dharmatrading.com

(Both sites also have videos and information about products)

Freezer Paper and Treated Fabric :

C. Jenkins Company - http:/www.cjenkinscompany.com

On demand fabric printing service:

Spoonflower - http://www.spoonflower.com

Art Supplies: -

Mediums - fabric (textile) - maintains the hand of the fabric, matte, gloss, semi- gloss liquid or gels - control the sheen and can be used as adhesives

Dyes - Fiber reactive dyes for cottons, acid dyes for wool or silk

Paints - For fabric - Jacquard paints - Dyna-flo (thin paint good for sun printing as well as painting), Lumiere (metallic)

Jacquard Textile paints, Pebeo Set-a-color (come in transparent and opaque)

Any acrylic paint + textile medium = fabric paint

Acrylic ink - F & W

Fibers - Wool roving, yarns, threads, Angelina

Markers - Sharpies, Copic

Colored pencils - Derwent Inktense pencil

Printing on Fabric - Epson Ink - Dura Brite Ultra

Did you participate in **Diana's Golden Needle**? Here is the result!

Editor's Note: Diana's email request to our guild was published last year. For those who donated blocks, or would like to donate, check out her Facebook page: Diana's Golden Needle. Article reprinted from AQS OnPoint.

Congratulations, Diana! Just over a year ago, Diana Jasany began working toward her Girl Scout Gold Award. Her original goal was to send **16** quilts to foster children, honoring her own adoption story along the way. See the original article at http://www.quiltviews.com/dianas-golden-needle .

With the amazing response of quilters from around the world, her quilt top count recently surpassed **116**, 100 over her original goal! Thousands of blocks have been donated, stitched, and quilted, all carefully coordinated by Diana.

Social media has, of course, been a boost to Diana's cause. See her Facebook page: Diana's Golden Needle. Give it a Like! You might be able to lend a hand. Diana plans to keep the project going through March 2017.

Diana is grateful for the help and support she has been given along the way. We're all super-proud of Diana as she keeps up the good work of helping others!

>>ann.hammel@americanquilter.com

Ankeny Area Quilter's Guild

2016 QUILT SHOW

Star Light, Star Bright

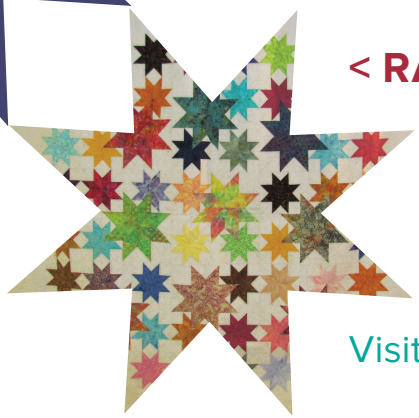
FRIDAY & SATURDAY, JULY 15-16 • 9AM - 4PM

ADMISSION: $7/ONE DAY • **$12**/BOTH DAYS

FFA Enrichment Center | Ankeny DMACC Campus
1055 SW Prairie Trail Parkway • Ankeny, Iowa 50023

Ankeny Area Quilters' Guild

225+ Quilts on Display • 25+ Vendors
FREE Parking • FREE Classes & Demonstrations
Magazine & Book Sale • Raffle Quilt
Quilter's Cafe • Quilter's Country Store



< RAFFLE QUILT

"Meteor Shower" by Judy Martin in her Scraps book
Size: 101" x 101" • 100% Batik fabric on top and back
Drawing on July 16 at 3pm • $2 for 1 ticket / $5 for 5 tickets.
Contact **QuiltShow@aaqg.net** to obtain tickets.

Visit **www.AAQG.net** for more information!

Special Thanks to our Top Sponsors:

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Pre-Sale: Thursday, July 21, 2016 – Admission $20
(Profits go to SERVHAITI)
Hors d'oeuvres: 6:00, Shopping: 7:00-9:00
Call the shop for details and reservations
Friday, July 22, 2016 – 8:00 am – 8:00 pm
Saturday, July 23, 2016 – 8:00 am – 6:00 pm

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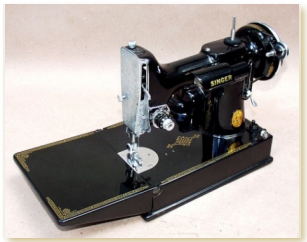

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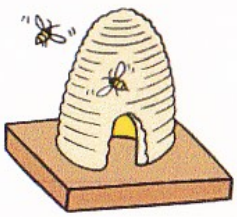

Brooklyn Fabric Company

Quilt Store Quality - Outlet Prices

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and Keepsake Box

Just North of I-80 off Exit 197

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brooklynfabric
@brooklynfabric

116 Jackson St. Brooklyn, IA
Next to the Flag Store
(641)-522-4766
email:lisa@brooklynfabric.com

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Sat: 10 - 4
Sun: closed
Holidays: closed

There's A Quilt Shop In Mount Vernon?

HELIOS

You Bet!

Helios Stitches N Stuff is located in the Old School Shops building on 1st Street in downtown Mount Vernon. We are open Tues-Sat from 10 am until 5pm.

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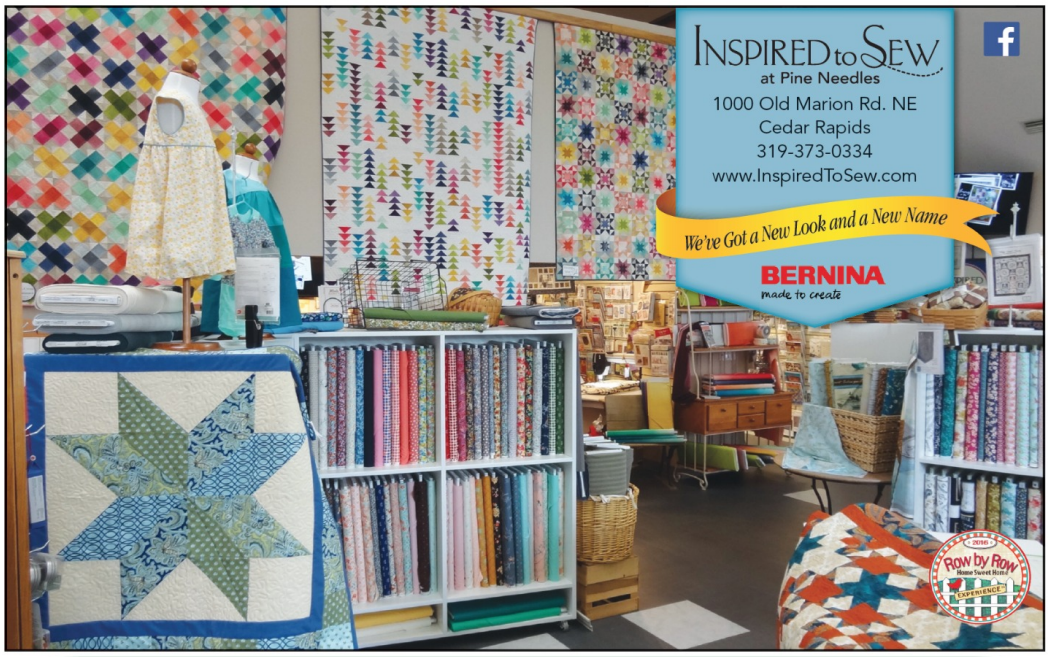

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