



## East Iowa Heirloom Quilters

P.O. Box 86. Marion, IA 52302  
website: <http://www.eihqguild.com>

Organized October 1980 to promote the art of quilt making & related projects.



EIHQ guild meetings are held on the fourth Monday of the month at 9:00 am and 6:30 pm at the American Legion, 625 31st St, Marion, IA. Please contact Membership chair [Brenda Mortenson, \*brenda.mortenson@gmail.com\*](mailto:brenda.mortenson@gmail.com) or the EIHQ website: <http://www.eihqguild.com> for more information.

**Winter Cancellation policy:** If the Cedar Rapids Community school district (CRCSD) cancels classes due to weather, then EIHQ will not meet. If the CRCSD runs on a 2-hour delay, EIHQ will hold the workshop beginning at 1:00pm and the evening meeting. If the CRCSD lets school out early, there will not be an evening meeting.

**April 22, 2024. Kathi Eubank (Quilt Show Judge)** will present *What A Judge Sees* at both the 9 AM and 6:30 PM meetings. Plan to make a nametag during the break between meetings, starting at 1:00 pm. Supplies provided including a Sewing machine!

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THANK YOU TO ALL  
CONTRIBUTORS & ADVERTISERS!



### From our President...

#### Hello!

*So, if April showers bring May flowers, what does April snow bring? (Besides a good excuse to stay in and sew!).*

*I hope you were excited to learn about the time and place of our next quilt show: **Cheers to 45 years!***

**A Sapphire Celebration.** *It's definitely not too soon to start thinking about what quilts you may want to enter.*

*Something new....this year we are creating a team to walk/run in the **Especially for You race** on Sunday, October 6. The **Especially for You Race** against Breast Cancer 5K Run/Walk and family fun walk is a fundraiser that supports free mammograms for breast and genealogical cancer care services to local women in need. **To register and join our team, you can visit <https://runsignup.com/Race/Register/RaceGroup-1?raceid=34374>.***

**The president challenge this month is to bring a five inch square of your favorite color.** *We will be sharing these at the meeting. Just to remind you—you can earn a bonus entry if you continue to take the next step on your unfinished object.*



**See you at our next meeting!**

**Keep quilting,  
Kristie Mattson**

**ACTIVITIES: PROGRAMS & WORKSHOPS**

**April 22, 2024. Kathi Eubank (Quilt Show Judge)** will present *What A Judge Sees* at both the 9 AM and 6:30 PM meetings.

During the break between meetings, starting at 1:00 pm Jan Felthous will be using her embroidery machine for name tags. All supplies, including a sewing machine, fabric, batting and miscellaneous sewing supplies will be provided for members to use to complete their name tags during the break.

**May 28, 2024 . TUESDAY instead of Monday, due to Memorial Day. Melinda Engelbrecht of Quilter’s Quarters** presents at both meetings talking about, *How to Deal With Panels. A workshop called: Reversible As You Go will be taught by Melinda. Cost is \$25.00.*

**June 24 & 25, 2024 Charleen Richtsmeier and Valorie Bonk** will present at both meetings *“Let’s Talk About Your Quilt”*. Charleen and Valorie are AQS certified quilt appraisers. The program will look at members quilts and discuss general information about their quilts (age, fabrics, names of blocks and other general information). Schedule your appointment for a quilt appraisal between 1:00 to 4:00 on June 24th or on Tuesday June 25th at the American Legion Hall. Two types of appraisals offered.—Cost is \$30, or \$60.

**July 22, 2024 Judy Bender** will present a trunk show at both meetings. Judy is a certified teacher of the Sharon Brinkley raw-edge applique’ quilting method. Judy will lead a workshop on Scrappy Appliqué from 1:00 to 4:00. Cost is \$25.00. **Peggy Ruemmele & Kris Blackford, co-chairs**

**ACTIVITIES: SEW DAYS & BUS TRIPS**

**SEW DAYS: AMERICAN LEGION, CENTRAL CITY, 9 AM – 4 PM**

THURSDAY, JUNE 20 – Sign up starts at the April meeting!

THURSDAY, SEPTEMBER 19

CONTACT JOANNE O’RILEY @ [eihqactivities@gmail.com](mailto:eihqactivities@gmail.com)



**BUS TRIP – THURSDAY MAY 9th  
SIGN UP DEADLINE IS APRIL 15!**

**We will leave from the  
American Legion in Marion at  
6 AM and return around 7PM**

The shops we’ll be visiting are:

- Piecoworks, Winterset*
- Creekside Quilting, Clive*
- Off The Rails Quilting, Bondurant*
- Crazy Redhead Quilting, Newton*
- Cotton Creek Mill, West Branch*

The cost of the trip is \$80, which includes lunch and snacks. Sign up has begun, you can sign up at a meeting or contact me. We need around 50 people to make this trip a go, so check your calendars!

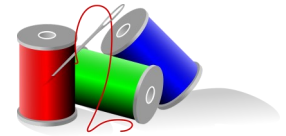
**Bring your friends! The cost for non-members is \$85--we’d love to have them join us!**

Also planning another bus trip to The Great Wisconsin Quilt show on Saturday, September 7th , stay tuned for details.

**Contact me for more information! [Joanne O’Reilly, eihqactivities@gmail.com](mailto:Joanne O’Reilly, eihqactivities@gmail.com)**

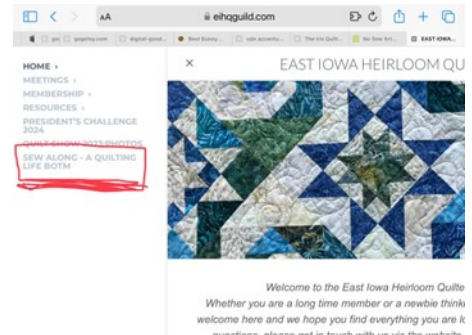
## EDUCATION

Hello My Scrappy Friends!



The latest block link for 2024 Sew Along is on our website. This month has a block of many names. Sherri calls it *Cats Cradle* because of the Creative Grid Specialty Ruler. Do you know any other names for it?

I will be sharing more information and tips for this block at our meeting. I hope you know it's not too late to join in. It's one block a month in an 8" or 16" size, your choice. A scrappy or planned color way is up to you. Remember if you bring in your blocks to show, you can sign up for a prize drawing at each meeting.



See you soon, [Cindy Unruh- Education](#)



Picture above is from our website [www.eihquilt.com](http://www.eihquilt.com).

Click on **"Sew Along Quilting Life BOTM"**

*Note: To access, You may need your password on the back of your green membership card.*

The 4 blocks to the left are January through April Blocks of the Month—A free sew along pattern. The outside star point instructions are in the January PDF file from Sherri McConnell, [aquiltinglife.com](http://aquiltinglife.com) (used by permission) The remaining months include instructions for the inside of each block.

***Bee Sew-cial*** from 1-4 pm. On EIHQ meeting days SOS ties!

You can help with an SOS project or bring your own hand-work project!

This is a great opportunity to "BEE" productive and

visit with fellow quilters **SEW-cially!!**

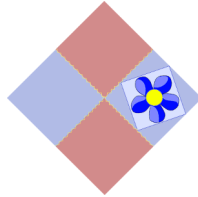


**Hope to see you there!!**





## SOS - Share our Skills

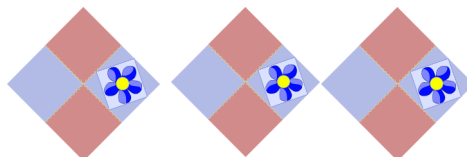


What's new? How about 67 quilts out there helping to keep some of our community members warm! SOS delivered the quilts to Families Helping Families, 4 Oaks, ASAC, Willis Dady Shelter, Freedom Foundation, Mercy House of Hospice and more. Smiles and thanks were received at each delivery! Keeping warm is such a basic need, and isn't it a wonderful feeling to be able to help with that need doing something we love!



SOS has the number of quilts we need for the Linn County Daycare's graduation taking place in May, but we still need quilts for those kiddos graduating in August. These quilts should be about 40"x50". We ask for the 40" width, so as not to have to piece the back. In addition, we are waiting for the final number of quilts needed for Families Helping Families. Graduating teens will age out of the foster care system and the organization hopes to provide each graduate with a twin size quilt as they navigate the next chapter of their lives.

SOS will be meeting on April 17, the third Wednesday of the month, at the Knights of Columbus, 1620 E Ave NE, from 9:00-3:30. We will tie quilts, envelope small quilts, and sew tops all while noshing on the worlds best potluck! **WE NEED ALL THE HELP WE CAN GET!** Getting your beautiful quilt tops made into a finished quilt is our biggest hurdle. If you could come for any part of the day, it would be greatly appreciated! We will also be tying quilts between the meetings on April 22, from 1:00 to about 3:30. All flying fingers welcome!





## SOS - Share our Skills-continued

As always, we would love to accept your 4 patches blocks, made with 2.5" squares. Below is a picture of a block we are



going to make using those blocks. So, if you have any black and white fabric handy, you could help us by cutting 2.5" squares for the cause, or maybe sew them into 4 patches, or this completed block! Also pictured is what the finished top would look like!



SOS also uses a lot of 2.5" x 4.5" pieces, sewn into various settings. Below are two pictures of blocks we will be using; any scraps in your sewing room that need a new home would be welcome at the SOS table! If they're cut into those dimensions, SOS would be one step closer to a finished quilt!



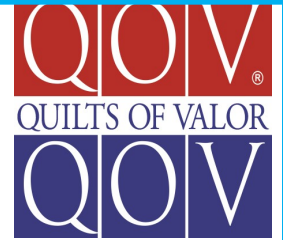
Thanks ever so much for all you do, and for all your generous donations, to help keep our community warm!

***Diane Eimen, Pam Fenton,***

***Becky McCarville and Suzanne Mullins***



# April- Quilts of Valor®



## Freedom Stitchers' Lindale QOV Presentation:

**March 24:** The presentation for Army Veteran Curtis Snitker was very emotional. Twenty-seven friends Curtis has known for more than 30 years were present. His immediate family lives in Arizona and were unable to attend. One guest will be 100 in a couple weeks and had been awarded a Quilt of Valor 4 or 5 years ago. 1<sup>st</sup> Class Sgt. Brandon Blue, Army Recruiter, honored Curt with words of appreciation and a salute after he was wrapped in his quilt, made by Sherri Dohrmann.



**Curtis  
&  
Marcie  
Snitker**

**Sgt. Brandon Blue,  
Curtis Snitker  
& Sherri Dohrmann**

Sgt Blue: *“Curt has many memories of the 55th Military Police company in Korea and made lifelong friends. He was stationed at Fort Rucker, Alabama at the time of Kennedy's assassination. Curt truly believes that oaths taken to honor and serve are for a lifetime. His front yard displays the American and POA flags along with a statue of a kneeling statue at its base to honor all those who served and are serving our country.”*



### Upcoming QOV Presentations:

**Cedar Memorial Presentation Schedule:** April 28, June 30, August 25 and October 27 at 1:00pm

**Lindale QOV:** April 7<sup>th</sup> at 2:00 **Linn County Fair:** June 30, 2024 at 10:30

## April- Quilts of Valor® *Continued*



**Under Our Wings:** Barb Brown's second UOW session resumes following the Spring Break. The attendees will be starting their Quilts of Valor®. Mentors include Jan Felthous, Jan Lacy, Nancy McGovern, Julie Hearity, and Karen Osenbaugh. Students include Ella Stimple, Gabriel Rasmussen, Ella Haulseorth, Anna Mei Masterson, Ayla Poyeh, Jacey Walker and Lucas Rasmussen.



**The Destinations Project** continues to provide quilts to similar groups that are in need for Quilts of Valor to award to their veterans. Linda Martien, the Missouri State Coordinator, had a QOV booth at the AQS (American Quilter's Society) show in Branson, Missouri and displayed the Freedom Stitchers' amazing quilts. Attendees were stunned by the skill and creativity of the quilting artists. She also traveled to Hamilton, MO for a presentation hosted by Missouri Star Quilt Company. These quilts were awarded to nine of the fifteen veterans. Linda commented that if were not for these quilts she could not have had a display of Quilts of Valor in the AQS show or to have awarded so many veterans and is extremely appreciative for the quilts. Linda has requested another batch of quilts that will be traveling to Missouri via the 'Underground quilt railroad', Don's sister, Marilyn Bishop.

The Destinations Project continues to provide quilts for VA hospitals. On March 7, six quilts were sent to the VA Greater LA Healthcare System in Los Angeles, CA. They provided this response:

*"The VA Greater LA Hospital serves 80,000 veterans in over 3 counties with 11 facilities. Voluntary social workers award deserving veterans (and their families) with Quilts of Valor. Our veterans have always reacted with complete surprise at a quilt presentation-universally there are tears and something to the effect that "I didn't know anyone would care so much"-it's very touching. The quilts are treasured by the veteran and his family and are one of the finest things we do for this segment of our veteran population. QOV has been one of our tremendous supporters, and they appreciate everything we do."*

**Pattern Donation:** Moria Guffey generously donated a very large binder of Fons & Porter QOV patterns that she had accumulated for a very long time. Each complete pattern was inserted into page protectors .



FREEDOM STITCHERS

### Hours for our Lindale QOV:

Tuesday, Thursday, and Saturday: 12:00 – 4:00pm

Monthly QOV Sew Day: April 25, 2024, 10:00am – 4:00

We encourage everyone to visit QOV in the center court lower level below the jewelry stores.

**Freedom Stitchers Leadership:** Team leaders and their primary roles:

Don Dixon: Co-group leader and QOVF liaison

Marilyn Dyrland: Co-group leader for Finances and Membership

Annette Rink: Documentation

Barb Brown: Under Our Wings, Public Relations & event planning

Diane Karr: Quilt log & Fabric Inventory

**Questions about Quilts of Valor or Freedom Stitchers:**

Please contact Don Dixon [dondixson@aol.com](mailto:dondixson@aol.com) or call: cell – 319-654-6035





# SHOW & TELL

Please Note: At our meetings, if you would like to show your quilt to the group, but not have a picture in the newsletter or on the guild website, please let the Historian, Megan Bracy, know before showing your quilt. Here are a few of the quilts from our March Show and Tell. To see more, visit the guild website at:

<https://www.eihguild.com/show-and-tell>.





## MEET A MEMBER



### Julie Hearity



Julie hails from Mason City, Iowa and then lived in Apple Valley MN. When she was looking for a place in Iowa close to good healthcare and to be near her son, she found a home and now lives in Anamosa. Julie is a retired radiologic technologist. She has one son and a Boston terrier, Maggie.

Julie's hobbies include sewing, quilting, and painting with acrylics and oils. At the age of 57, Julie started her sewing journey with quilting and machine embroidery. She wanted something to do in retirement and has landed on quilting. Julie appreciates the uniqueness of every quilt due to the variety of fabrics and patterns. She belongs to two guilds. Of course she is a member at EIHQ and she is the president of the Anamosa Calico Cut Ups Quilt Guild!

EIHQ can thank Kerri Grimes for bringing Julie our way! Julie heard about EIHQ from Kerri, who is also a member of the Anamosa Guild. The EIHQ programs and workshops are what Julie enjoys most. Julie shared a wise quilting tip. She encourages quilters to oversize blocks whenever possible and then trim them down to size!

Julie is also embarking on a new technique called sublimation which transfers images to fabrics. See if you can tell which of Julie's pictures has some of her sublimation work in it. Julie does it all— including some long arm work for SOS.

The last thing you may or may not have noticed about Julie is that she has pink hair!



## SCRAPS

### Membership

We have 253 members total

29 are new members

2 junior members



### April Birthday's

Teresa Barnett, Lois Boland, Megan Bracy, Beth Dieker, Don Dixon, Glenda Freel, Virginia Grant, Diane Herschberger, Marcia Hinrichs, Karen Kruse, Becky Lewis, Sheryl Morgan, Helen Murphy, Cherly Robinson, Pamela Seeman, Lynn Stansbery, Mary Vandevender, Karen Wilson, and Diane Pitik.

*Brenda Mortenson, membership*

### Website

Just a reminder- the webpages for members only, changed password on October 1. Find your new password on the back of your green 2023-2024 membership card.

The website address is <http://www.eihguild.com>. Our website is a great source of information for upcoming quilt show as well as keeping you informed about available workshops and sew days, local quilt shows, and the latest newsletter. Please check it out! *Nicole Brathwaite*

### Sunshine

If you know of an EIHQ member in need of a lift of sunshine due to illness, accident, hospitalization, death, stressed, thank you, etc., please email *Marcia Hinrichs (mhinrichs123@gmail.com)* giving the reason, name, and they will receive a "personalized" card on behalf of EIHQ.

Guild Meeting The monthly Board meeting will be the third Monday of each month at 6:00 pm at Community of Christ Church, 1500 Blairs Ferry Road in Hiawatha. The next meeting will be April 22 2024.



## SCRAPS, continued

### Financials

Guild Financial report can be found on the EIHQ website:

<https://www.eihguild.com/guild-financials.html>.

Any question may be directed to **Beth Wichman, Treasurer**



### Hospitality

As the new chair of hospitality, I welcome all quilters to EIHQ — all current members and especially new members. I remember how I felt when I first joined. It can be scary and a bit lonesome. I would love to get to know each of you better. Besides greeting you at the door, I invite all new and current members to join me for lunch to get better acquainted. This is a great group of quilting sisters! I say welcome to all.

*Jan Felthous, Hospitality Chair*

### Library



**Peggy Lowe and Gwen Durham, co-librarians**, are thrilled to announce the guild library is now searchable online! Looking for a good book to read? Want to try a new technique? Need some inspiration for your next project? The EIHQ guild library has more than 500 titles for our members to explore! You can now search for your favorite author, topic, or style by visiting the Library page of the Resources section on the guild website or by going directly to the library link: [librarycat.org/lib/eihguild](http://librarycat.org/lib/eihguild) (If this doesn't work go to resources where you find your newsletter). Items can be requested, and we will do our best to bring it to the next meeting, holding them for you. The library check out process will remain the same, and the librarians will continue to bring a selection of books to each meeting. Please remember to return your book promptly so other members can enjoy it as well.

Newsletter

Newsletter

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Newsletter

If you're not getting your newsletter each month via email, please check the following:

- Is it in your spam folder?
- Do you have Member Planet blocked? Member Planet is used to send emails to the EIHQ membership.
- Is someone else in your household that uses the same email address, deleting your EIHQ email that is sent via Member Planet?
- If you use your work email, is your workplace blocking Member Planet?
- Is your inbox full?

You can always get your newsletter by going to <https://www.eihguild.com/newsletter.html>

*Sue Keller Editor, Lori Barron, Co-Editor*

## SCRAPS, continued

**Social Media** Did you know that you can find us on Facebook and Instagram? On Facebook, we are the East Iowa Heirloom Quilters Guild. On Instagram, we are [@eihqquild.com](https://www.instagram.com/eihqquild.com) Here, you'll find reminders, meeting recaps community questions, and so much more! *Leah Fitch*

**Block of the Month** We will be offering the Block of the Month at both the morning AND evening meetings in April! Stop by the table and purchase your block kit (s) for \$1 each. We will draw a winner at the next meeting!  
*Suzy & Leah Fitch*

## EIQ BOARD MEMBERS

President Kristie Mattson	408-307-6437	<a href="mailto:eihqpresident@gmail.com">eihqpresident@gmail.com</a>
Vice President Debbie Wordehoff	319-389-5550	<a href="mailto:eihqVP@gmail.com">eihqVP@gmail.com</a>
Secretary Anita Gillett	319-551-0443	<a href="mailto:eihqsecretary@gmail.com">eihqsecretary@gmail.com</a>
Treasurer Beth Wichman	623-414-0547	<a href="mailto:eihqtreasurer@gmail.com">eihqtreasurer@gmail.com</a>
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Program Co-Chair(24/25) Karen Bullard	319-929-4211	<a href="mailto:eihqprograms@gmail.com">eihqprograms@gmail.com</a>
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Co-Librarian Gwen Komala Durham	708-297-4996	<a href="mailto:gwen.komala@gmail.com">gwen.komala@gmail.com</a>
Hospitality Jan Felthous	920-988-1339	<a href="mailto:janicefelthous@gmail.com">janicefelthous@gmail.com</a>
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Publicity Nan Fowler	319-651-1188	<a href="mailto:eihqpublicity@gmail.com">eihqpublicity@gmail.com</a>
Activities Joanne O'Reilly	641-751-0038	<a href="mailto:eihqactivities@gmail.com">eihqactivities@gmail.com</a>
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Social Media Leah Fitch	319-550-8247	<a href="mailto:eihqweb@gmail.com">eihqweb@gmail.com</a>
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Share our Skills (SOS) Suzanne Mullins	319-396-7162	<a href="mailto:suzmullins@mchsi.com">suzmullins@mchsi.com</a>
Quilts of Valor Don Dixon	319-654-6035	<a href="mailto:Freedomstitchersofiowa@gmail.com">Freedomstitchersofiowa@gmail.com</a>
Sunshine Person Marcia Hinrichs	319-361-4900	<a href="mailto:mhinrichs123@gmail.com">mhinrichs123@gmail.com</a>
Block of the Month Suzy & Leah Fitch	319-550-8246	<a href="mailto:srfitch5@gmail.com">srfitch5@gmail.com</a>
Buy and Sell Gail Williams	319-651-6996	<a href="mailto:paulgailw@gmail.com">paulgailw@gmail.com</a>
Quilt Show Co-chair Megan Bracy (24-25)	319-981-0726	<a href="mailto:eihqqiltshow@gmail.com">eihqqiltshow@gmail.com</a>
Quilt Show Co-chair Kerri Grimes (24-25)	714-309-8622	<a href="mailto:eihqqiltshow@gmail.com">eihqqiltshow@gmail.com</a>

# APRIL 2024 EIHQ NEWSLETTER

THREE	15	16	17	18	19	20/21
	Board meeting 6pm	Freedom Stitches 12- 4 Lindale Mall	SOS 9-3:30	Freedom Stitches 12- 4 Lindale Mall	Portrait Group 1-3 Marion Library	Freedom Stitches 12- 4 Lindale Mall
FOUR	22	23	24	25	26	27/28
	Guild meetings 9 Am & 6:30 PM	Freedom Stitches 12- 4 Lindale Mall		Freedom stitches Sew Day 10—4 Lindale Mall	<b>Articles for newsletter due May 3</b>	Freedom Stitches 12- 4 Lindale Mall  Sun :QoV 1 pm Presentation Cedar Memorail
5/MAY 1	29	30	1	2	3	4/5
		Freedom Stitches 12- 4 Lindale Mall	 <i>May Day</i> Week 1	Freedom Stitches 12- 4 Lindale Mall	<b>Newsletter Articles DUE</b>	Freedom Stitches 12- 4 Lindale Mall 
1/2	6	7	8	9	10	11/12
		Freedom Stitches 12- 4 Lindale Mall		Freedom Stitches 12- 4 Lindale Mall		Freedom Stitches 12- 4 Lindale Mall 
2/3	13	14	15	16	17	18/19
		Freedom Stitches 12- 4 Lindale Mall	SOS 9- 3:30	Freedom Stitches 12- 4 Lindale Mall		Freedom Stitches 12- 4 Lindale Mall
3/4	20	21	22	23	24	25/26
	Board Meeting 6 pm	Freedom Stitches 12- 4 Lindale Mall	Week 4	Freedom Stitches 12- 4 Lindale Mall	<b>Articles for Newsletter Due June 3</b>	Freedom Stitches 12- 4 Lindale Mall

**May quilt meeting : Tuesday, May 28th to accommodate Memorial Day**



## AREA EVENTS

### April 25th --27th-53rd annual Kalona Quilt Show & Sale .

Kalona Community Center/YMCA, 511 C Ave, Kalona IA

200+ new/antique quilts displayed/for sale +vendors & raffle quilts.

**May 15th, 6 P.M. Marion Public Library**—Swamp Fox Bookstore is sponsoring a conversation and book signing with Jennifer Chiaverini.

**June 1 – July 31 - All Iowa Shop Hop** <https://alliowashophop.com/>

**June 5 – 8, - Iowa Quilt Festival**, Winterset

For more information: <https://www.iowaquiltmuseum.org/events/madison-county-iowa-quilt-festival/>

**Sept. 26, 27, 28, - Des Moines Area Quilters Guild Show**, Iowa State Fairgrounds

<https://dmaqg.org/quilt-show/>

**Oct. 18 & 19, - Mississippi Valley Quilt Guild Show**, Davenport fairgrounds

<https://mvqg.org/great-river-quilt-show>



## Check out our BUY & SELL Options

Many items are for sale, free, asking to be borrowed or asking for help. Visit our website's **Buy & Sell** page for more information. Feel free to use this option in place of the free table that we have discontinued.

- Babylock Serger
- Nolting #351 longarm on Gammill wooden frame
- Free Bags of Fabric scrapes
- QW Had Quilting Frame

***If you would like to enter items*** for sale or items wanted on our website's Buy/Sell section, go to [EIHQguild.com](http://EIHQguild.com), select "Membership" then "Members Only" then "EIHQ Buy/Sell". Click on the button labeled "EIHQ Buy/Sell Form" to open the Google Form to enter your information. Your item will stay on the list for up to 3 months. You will need the pass word from the back of your membership card.

***If you want to view the list of items*** for sale/items wanted, go to [EIHQguild.com](http://EIHQguild.com), select "Membership" then "Members Only" then "EIHQ Buy/Sell". Click on the button "EIHQ Items for Sale/Items for Purchase".

Note that this spreadsheet can only be updated using the Google Form.

## Guild Groups

**April 19th**-Portrait Group meets at the Marion Library from 1pm-3pm. Contact ***Kristie Manson*** for more information at [eihqpresident@gmail.com](mailto:eihqpresident@gmail.com)

**If your small group is open to new members, contact [eihqneswletter@gmail.com](mailto:eihqneswletter@gmail.com) before the 3Rd of the month. For interested members, please provide the group name, date and location of your next meeting,**

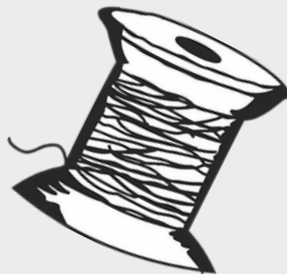
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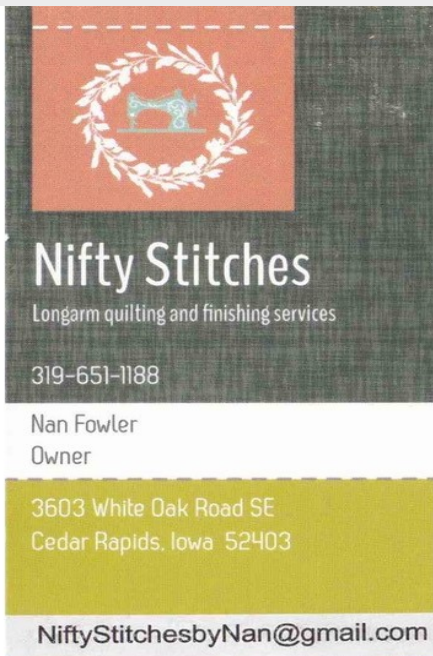
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